必理痛 傷風+感冒

傷風感冒通鼻配方

有效紓緩傷風感冒引起的症狀如發燒、頭痛、喉嚨痛及身體痛楚
同時紓緩打噴嚏、收鼻水、通鼻塞

每粒含有
Acetaminophen (Paracetamol) 500mg、Phenylephrine Hydrochloride 5mg、 Chlorpheniramine Maleate 2mg 。

服法
只供口服。
成人及兒童（十二歲或以上）：需要時每隔四小時或以上服一次，每次服兩粒。二十四小時內不可服用超過八粒。
請勿服用多於指定分量。請勿相隔少於四小時服用此藥物。
請勿在沒有醫生的指導下服用本藥多於七天。
不建議十二歲以下小童服用此藥。
服用時請勿服用其他含acetaminophen、解充血藥、抗組織胺的藥物或其它治療傷風感冒或咳嗽的藥物。

作用
必理痛傷風感冒通鼻配方是含多種成分能紓緩傷風感冒所引起的各種症狀。Acetaminophen透過提高對痛楚的耐受性及在下丘腦的熱調節中心產生作用，從而達至止痛及退熱的功效，且不會刺激胃部。Phenylephrine Hydrochloride能紓緩鼻塞症狀。Chlorpheniramine maleate是一種抗組織胺，能幫助消除刺激引起的敏感症狀，如流鼻水、痕癢和淚眼。

療效
必理痛傷風感冒通鼻配方紓緩各種傷風感冒症狀：發燒、身體痛楚、鼻塞、打噴嚏、流鼻水、輕微咽喉痛及頭痛。

禁忌症
1. 對acetaminophen, phenylephrine hydrochloride, chlorpheniramine maleate, 抗組織胺或本藥物內任何成分過敏人士。
2. 現正接受或曾於過去兩星期內接受單胺氧化酵素抑制劑（MAOIs）治療的人士。

注意事項
1. 如正服用以下藥物，請勿服用本藥：
   a. 興奮劑如安非他命amphetaminos(用作治療專注力不足症) 。
   b. 抑壓胃口的藥物或其它含抗組織胺的藥物(用作治療過敏症) 。
   c. 其他藥物以紓緩傷風感冒或鼻塞症狀
2. 如正服用以下藥物，在服用此藥前請先向醫生查詢：
   a. Warfarin或抗凝血藥 (如正服用抗凝血藥，並需要長期服用acetaminophen，這可能會增加流血機會，但仍可以偶然地同時服用本產品)
   b. 控制血壓藥如beta-blockers
   c. 心臟疾藥如digoxin
   d. 抗抑鬱的藥物如amitriptyline (其中一種三環抗抑鬱藥)。
   e. 治療焦慮或幫助睡眠的藥物
   f. 含phenytoin用作治療羊癇症的藥物
3. 除在醫生指導下，在慣存適正準備懷孕、在授乳期間的婦女請勿服用此藥物。
4. 在服用此藥物期間，請勿飲用含酒精飲品。
5. 服用後若症狀持續七日，請向醫生查詢。
6. 服後如有昏昏欲睡、暈眩或模糊視野徵狀，請勿駕駛或操作機器。
7. 請將此藥存放在遠離兒童視線及接觸的地方。
8. 如病人本身患有下列疾病，服用此藥前請先向醫生查詢：
   a. 肝或腎病，高血壓、心臟病、心血管病 (如Raynaud’ s Phenomenon — 當遇到寒冷或壓力的時候，手指或腳尖可能會感到疼痛)、糖尿病、甲狀腺過度活躍症
   b. 青光眼 (眼睛內部壓力過大)
   c. 嗜絡細胞瘤 (位於腎附近的腫瘤)
   d. 前列腺增生或排尿困難
   e. 半癲症
   f. 哮喘、支氣管炎或慢性肺病
   g. 你有嚴重感染，嚴重感染會增加代謝性酸中毒的風險
      代謝性酸中毒的徵狀包括:
      - 呼吸深、急促及困難
      - 感到不適 (噁心)；身體不適 (嘔吐)
      - 食慾不振

   如出現多於一個以上的徵狀，請立即求醫。

不良反應：
服用此藥產生不良反應是罕見的。服用此藥您可能會偶爾出現以下情況：昏昏欲睡、鎮靜、緊張、難以入睡、疲倦、暈眩、難以集中精神、缺乏協調、頭痛、視線模糊、口乾、血壓增加、作嘔及嘔吐。小童及長者服食此可能會較易出現藥物不良反應。
如服後出現以下徵狀，請停用本藥及立即延醫診治：
a. 出現敏感徵狀，如皮膚出疹或痕癢，間中讓出現呼吸困難，嘴唇、舌頭、咽喉或面部紅腫
b. 皮膚出疹、脫皮或口腔出現潰瘍
c. 曾因服用阿士匹靈或其他非類固醇類抗炎劑出現呼吸困難的徵狀，及在服食本藥物期間出現相似徵狀
d. 出現不能解釋的瘀傷或流血
e. 失明 (可能因眼內出現不正常高血壓所致)，這是罕見的 (但青光眼患者可能較易有此反應)
f. 不尋常的快速脈搏率又或者感到不尋常快或無規律的心跳
g. 排尿困難，尤其是有脹大前列腺的男士

服藥過量
根據服量指示使用，藥物中毒是極之罕見的。但若服用超過指定份量很多之Acetaminophen，可嚴重影響肝功能，其徵狀可能會延遲一星期才出現。不過，在大部份情況，及早治理服用過量，是可令肝功能回復正常。因此，若有服用過量的情況，即使無任何徵狀，亦應儘速治理。服用超過指定份量的Acetaminophen可能會引起肝衰竭。

貯存方法
請貯存於30℃以下。

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Panadol

COLD+FLU

COLD & FLU NASAL

FOR EFFECTIVE RELIEF OF COLD & FLU SYMPTOMS: FEVER, HEADACHE, SORE THROAT AND BODY ACHES. EXTRA RELIEF OF SNEEZING, RUNNING NOSE & NASAL CONGESTION.

Each Caplet Contains

Acetaminophen (Paracetamol) 500mg, Phenylephrine Hydrochloride 5mg, Chlorpheniramine Maleate 2mg .

Dosage

Oral Administration only.

Adults and Children (12 years and over): Take 2 caplets every 4 hours as needed. Do not take more than 8 caplets in 24 hours.

Do not exceed the stated dose and do not take more frequently than every 4 hours.

Do not use for longer than 7 days without asking your doctor.

Not recommended for children under 12 years of age.

Do not use with other products containing acetaminophen, decongestants or antihistamines, or other cold, flu and cough products.

Actions

PANADOL COLD & FLU NASAL caplet contains multi-ingredient formula that could relieve cold and flu symptoms. Acetaminophen produces analgesia by elevation of the pain threshold and antipyresis through action on the hypothalamic heat-regulating center, which does not irritate stomach. Phenylephrine Hydrochloride has symptomatic relief of nasal congestion. Chlorpheniramine maleate is an antihistamine that helps relieve the irritation of allergic symptoms such as sneezing, itching and watery eyes.

Indications

PANADOL COLD & FLU NASAL caplet provides effective temporary relief of the symptoms associated with cold and flu including fever, aches, pains, nasal and sinus congestion, sneezing, running nose, minor throat pain and headache.

Contraindications

1. In patients with a known hypersensitivity to acetaminophen, phenylephrine hydrochloride, chlorpheniramine maleate, antihistamines or any ingredients in this product.
2. In patients under treatment with Monoamine oxidase inhibitors (MAOIs) or within 2 weeks of stopping such treatment.

Precautions

1. **Do not use if** you are taking the following medicines:
   a. Stimulant drugs called amphetamines (sometimes used to treat attention deficit disorders)
   b. Appetite suppressants, or other medicines containing antihistamines (sometimes used to treat allergy)
   c. Other medicines for the relief of colds and flu, congestion or blocked nose
2. **Before taking this medicine, please consult your doctor if you are taking any of the following:**
   a. Warfarin or similar medicines used to thin the blood (The anticoagulant effect of warfarin and other coumarins may be enhanced by prolonged regular daily use of acetaminophen with increased risk of bleeding: occasional doses have no significant effect)
   b. Medicines to control your blood pressure, such as beta-blockers
   c. Digoxin or similar medicines for heart disease
   d. Medicines to treat depression such as tricyclic antidepressants e.g. amitriptyline
   e. Medicines to treat anxiety or help you sleep
   f. Medicines containing phenytoin for epilepsy (fits)
3. **Do not use if** you are pregnant, trying to become pregnant or breastfeeding, unless on the advice of your doctor.
4. Avoid drinking alcohol with this medicine.
5. If symptoms persist for more than 7 days, consult your doctor.
6. This product can cause drowsiness, dizziness, or blurred vision. Patients should be advised not to drive or operate machinery if affected by dizziness.
7. Keep out of sight and reach of children.
8. **Medical advice should be sought before taking this medication in patients with these conditions:**
   a. Liver or kidney problems, high blood pressure, heart disease or blood vessel disease such as Raynaud's Phenomenon (which may appear as pain in the fingers or toes in response to cold or stress), diabetes or an overactive thyroid gland.
   b. Glaucoma (excessive pressure inside your eyes)
   c. Pheochromocytoma (a tumour near the kidney)
   d. Prostate problems or difficulty urinating
   e. Epilepsy (fits)
   f. Asthma, bronchitis or a chronic lung disorders
   g. You have a severe infection as this may increase the risk of metabolic acidosis.
      Signs of metabolic acidosis include:
      - deep, rapid, difficult breathing
      - feeling sick (nausea), being sick (vomiting)
      - loss of appetite

Contact a doctor immediately if you get a combination of these symptoms.

Adverse Reactions:

Undesirable effects are rare. **When using this product** you may experience drowsiness, sedation, nervousness, difficulty sleeping, tiredness, dizziness, difficulty concentrating, lack of coordination, headache, blurred vision, dry mouth, increased blood pressure, nausea and vomiting may occasionally occur.

Children and the elderly are more likely to develop adverse effects with this medicine.

Stop taking this medicine and consult your physician immediately if you have the following reactions:

a. allergic reactions such as skin rash or itching, sometimes with breathing problems or redness and swelling of the lips, tongue, throat or face.
b. skin rash or peeling, or mouth ulcers.
c. previously experienced breathing problems with aspirin or non-steroidal anti-inflammatory drugs, and experience a similar reaction with this product.
d. unexplained bruising or bleeding.
e. loss of vision, which may be due to abnormally high blood pressure in the eye. This is rare but is more likely to occur in those with glaucoma.
f. unusually fast pulse rate, or a sensation of an unusually fast or irregular heartbeat
g. difficulty in passing urine. This is more likely to occur in men with an enlarged prostate gland.

Overdosage

Toxicity is extremely rare following administration of recommended dose. Nevertheless, massive overdose of Acetaminophen may adversely affect the liver of some people and signs or symptoms of overdose may be delayed for up to one week following ingestion. Nevertheless, liver damage is largely reversible if the patient is treated early, thus **immediate medical management is required in the event of overdose, even if symptoms of overdose are not present.** Acetaminophen overdose may cause liver failure.

Storage Condition

Store below 30°C.

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