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Panadol

COLD+FLU

COLD & FLU EXTRA

FOR EFFECTIVE EXTRA RELIEF OF COLD & FLU SYMPTOMS: ACHES AND FEVER. INCLUDES EXTRA VITAMIN C. NON-DROWSY FORMULA.

Description:

Each Panadol Cold & Flu Extra Caplet contains:

Acetaminophen (Paracetamol) 500mg, Phenylephrine Hydrochloride 10mg, Nescapine 15mg, Caffeine 25mg, Ascorbic Acid 63.33mg, Terpin Hydrochloride 33.33mg.

Dosage:

For Oral Administration only.

Adults and children (over 12 years): Take 2 caplets every 6 hours, do not take more than 8 caplets in 24 hours. Do not take more frequently than every 6 hours. Do not use for longer than 7 days without asking your doctor.

Should not be used with other Acetaminophen containing products, decongestants, or cold and flu medicines. Do not exceed the stated dose.

Children 12 years and under: Not recommended for children of 12 years' age and under.

Actions:

Panadol Cold & Flu Extra caplet contains multi-ingredient formula that could relieve cold and flu symptoms fast. Acetaminophen produces analgesia by elevation of the pain threshold and antipyresis through action on the hypothalamic heat-regulating center, which does not irritate stomach. Phenylephrine Hydrochloride has fast relief of nasal congestion with long lasting effect. Caffeine is a stimulant to relieve the tiredness caused by cold without drowsiness, let patient feel comfortable. Vitamin C could help patient to recover fast during cold period. Terpin Hydrochloride is an effective expectorant by increasing bronchial secretion. Nescapine is a centrally acting cough suppressant which is used to relieve non-productive cough.

Indications:

Panadol Cold & Flu Extra Caplets provide effective temporary relief of the symptoms associated with common cold including fever, aches, nasal and sinus congestion, cough and minor throat pain, headache.

Contraindications:

Panadol Cold & Flu Extra Caplets is contraindicated in patients with a previous history of hypersensitivity to any of the ingredients. This product is also contraindicated in patients who are taking or have taken within the last two weeks, monoamine oxidase inhibitors. Do not use if you are pregnant.

Precautions:

- If you are taking other analgesics, antipyretics or cold relief medicine, don't take this medicine
- Please see your doctor if symptoms persist.
- Keep this and all medication out of reach of children.
- Please check with your doctor before use if:
 - a. You are taking Warfarin or similar medicines used to thin the blood (The anticoagulant effect of warfarin and other coumarins may be enhanced by prolonged regular daily use of Acetaminophen with increased risk of bleeding; occasional doses have no significant effect).
 - b. You have high blood pressure, heart disease, blood vessel disease such as Raynaud's phenomenon (which may appear as pain in the fingers or toes in response to cold or stress), diabetes, an overactive thyroid, angle closure glaucoma, pheochromocytoma (a tumour near the kidney), or prostate problems.
 - c. You are taking medicines to control your blood pressure such as beta-blockers.
 - d. You are taking appetite suppressants or stimulants.
 - e. You are taking medicines to treat depression, such as tricyclic antidepressants (e.g. amitriptyline).
 - f. You are taking medicines for heart disease (e.g. digoxin).
 - g. You have been diagnosed with liver or kidney impairment.
 - h. You are breast-feeding. Use during breast-feeding should be avoided.

- i. You have a severe infection as this may increase the risk of metabolic acidosis.

Signs of metabolic acidosis include:

- deep, rapid, difficult breathing
- feeling sick (nausea), being sick (vomiting)
- loss of appetite

Contact a doctor immediately if you get a combination of these symptoms.

- This medicine contains caffeine. Avoid drinking too many caffeine containing drinks (e.g. tea, coffee and caffeine-containing canned drinks) when taking this medicine.
- Patients should be advised not to drive or operate machinery if affected by dizziness.

Overdosage:

Toxicity is extremely rare following administration of recommended dose. Nevertheless, massive overdose of acetaminophen may adversely affect the liver of some people and signs or symptoms of overdose may be delayed for up to one week following ingestion. Nevertheless, liver damage is largely reversible if the patient is treated early, thus immediately medical management is required in the event of overdose, even if symptoms of overdose are not present. Acetaminophen overdose may cause liver failure.

Adverse reactions:

Undesirable effects are rare. When using this medicine you may experience: headache, dizziness, nervousness, difficulty sleeping, increased blood pressure, nausea and vomiting.

Stop taking this medicine and tell your doctor immediately if you have:

- Allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- A skin rash or peeling, or mouth ulcers.
- Previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- Unexplained bruising or bleeding.
- Loss of vision, which may be due to abnormally high blood pressure in the eye. This is very rare but is more likely to occur in those with glaucoma.
- An unusually fast pulse rate, or a sensation of an unusually fast or irregular heartbeat.
- Difficulty in passing water. This is more likely to occur in men with an enlarged prostate gland.

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必理痛

傷風+感冒 傷風感冒特強

主治：更有效舒緩傷風感冒引起的症狀：發燒及身體痛楚。
不會使人昏昏欲睡。含更多維他命C。

成份

「必理痛」傷風感冒特強每粒含有Acetaminophen (Paracetamol) 500mg、Phenylephrine Hydrochloride 10mg、Noscipine 15mg、Caffeine 25mg、Ascorbic Acid 63.33mg、Terpin Hydrate 33.33mg。

服法

只供口服

成人及兒童（十二歲以上）：每次服兩粒，每隔六小時服用一次，二十四小時內服用不超過八粒。請於於6小時內重複服用。如沒有醫生指示，切勿連續服用此藥超過7日。

服用時請服用其他含Acetaminophen、過氧苯基或其他傷風感冒的藥物，不可服用多於指定份量。
十二歲或以下兒童：不建議十二歲或以下兒童服用此藥物。

作用

「必理痛」傷風感冒特強由於所含的各成份是以適當的比例，精心調配而成，故能迅速舒緩感冒引起的各種症狀：Acetaminophen能提升身體的耐痛能力，從而舒緩痛楚；亦會於下鼻黏膜部腫脹的部位發揮作用，從而提供通氣效果；且不會刺激喉嚨。Phenylephrine Hydrochloride能迅速而有效舒緩感冒所引起的鼻塞。Caffeine是一種興奮劑，協助舒緩感冒所引起的疲勞，促進清醒，使你倍感舒適。維他命C能促進感冒迅速康復。Terpin Hydrate能增加支氣管分泌，是一種有效祛痰劑。Noscipine是一種中級止咳藥，能舒緩咳嗽。

療效

舒緩傷風感冒的症狀：鼻塞、咽喉痛、發燒、咳嗽、頭痛、身體痛楚。

禁忌症

對此產品內任何成份敏感的人士，切勿服用。

如正服用或在過去兩週期間曾服用單胺氧化酶抑制劑的人士，切勿服用此藥。

如你正在懷孕，切勿服用本藥。

注意事項

1. 在就診中倘有使用其他止痛、解熱或感冒藥劑者，避免使用「必理痛」傷風感冒特強。

2. 若病徵持續應立即請教醫生。

3. 請將此藥及其他藥品存放在兒童不易觸及的地方。

4. 請以下人士在服用本藥之前向醫生查詢：

- 正服用Warfarin抗凝血藥(正服用抗凝血藥，並需要長期服用Acetaminophen，還可能會增加流血機會，但仍可以偶爾地同時服用本產品)。
- 患有高血壓、心臟病、心血管病(如Raynaud's Phenomenon——當遇到寒冷或應力的時候，手指或腳尖可能會感到疼痛)、糖尿病、糖尿病併發症、青光眼、嗜睡細胞瘤(腎上腺髓質腫瘤)、前列腺腫大。
- 正服用抑制高血壓藥的beta-blocker。
- 正服用增加成癮黃胃口的藥物。
- 正接受抗抑鬱的藥物治療amipiline(其中一種三環抗抑鬱劑)。
- 服用心臟病藥物digoxin。
- 肝、腎有患者。
- 正在哺乳。請避免於哺乳期間服用此藥。

5. 你有嚴重哮喘，嚴重感冒會增加代謝性酸中毒的風險

代謝性酸中毒的徵狀包括：

- 呼吸深大，急促及困難
- 感到不適（噁心）；身體不適（嘔吐）
- 食慾不振

如出現多於一個以上徵狀，請立即求醫。

6. 此藥物含有咖啡因，在服食本藥物期間應避免飲用過多含咖啡因的飲品（如茶、咖啡、含咖啡因的罐裝飲品）。

6. 如在服用此藥後產生重眩，請勿駕車或操作機器。

服藥過量

如根據指示使用，藥物中毒是極罕有的。但若服用超過指定份量很多的Acetaminophen，可嚴重影響肝功能，其徵狀可能會延遲一至兩天才出現。不過，在大部分情況下，及早於埋理過量，是可令肝功能回復正常。因此，若有服用過量的情況，即使無任何徵狀，亦應儘速治療。服用超過指定劑量的Acetaminophen可以引起肝衰竭。

不良反應

服用此藥物可能引致的不良反應是罕有的，如頭痛、暈嘔、焦慮、難以入睡、提高血壓、作嘔、嘔吐。

如出現以下任何不良反應，請立即諮詢醫生：

- 出現敏感徵狀，如皮膚出現疹或瘙癢，喉中傳出呼吸困難、喉嚨、舌頭、咽喉或面部腫脹。
- 皮膚出疹、脫皮或口腔出現潰瘍。
- 曾因服用阿士匹靈或其他非類固醇類抗炎藥出現呼吸困難的徵狀，及在服食本藥物期間出現相似徵狀。
- 出現不能解釋的瘀傷或流血。
- 失明(可能因眼內出現不正常高血壓所致)，這是十分罕見的(但黃光眼者有可能是有此反應)。
- 不尋常的快速脈搏率又或者感到不尋常快或無規律的心跳。
- 尿頻急(排尿困難)，尤其是患有前列腺腫大的男士。

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