



## COLD+FLU COLD & FLU NEW FORMULATION



FOR EFFECTIVE RELIEF OF COLD & FLU SYMPTOMS, ACHES AND FEVER.  
INCLUDES EXTRA VITAMIN C, NON-DROWSY FORMULA.

### Description

Each PANADOL Cold & Flu New Formulation tablet contains Acetaminophen (Paracetamol) 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 5mg, Vitamin C 20mg and Terpin Hydrate 20mg.

### Excipients

Povidone, purified talc, starch maize, potassium sorbate, sodium lauryl sulphate, stearic acid, eurocol sunset yellow, starch pregelatinized

### Actions

PANADOL Cold & Flu tablets contain multi-ingredient formula that could relieve symptoms of cold and flu fast. Paracetamol, a painkiller, relieves pain by elevation of the pain threshold and antipyretic through action on the hypothalamic heat-regulating center, which does not irritate stomach. Phenylephrine Hydrochloride provides fast relief of nasal congestion with long lasting efficacy. Caffeine is a stimulant to relieve the tiredness caused by cold without drowsiness. Its patient feels comfortable. Vitamin C could help patient recover fast during cold period. Terpin Hydrate is an effective expectorant by increasing bronchial secretion.

### Indications

PANADOL Cold & Flu tablets provide effective temporary relief of the symptoms associated with common cold and other upper respiratory infections including nasal congestion, sore throat, fever, chesty cough, headache, body ache.

### Contraindications

- Do not use it:
- you are allergic to paracetamol, ascorbic acid, caffeine, terpin hydrate, phenylephrine or any of the other ingredients in the products,
- you are taking, or have taken in the past two weeks, drugs called monoamine oxidase inhibitors (MAOIs), usually used to treat depression,
- you are pregnant.

### Dosage / Usage

Adults and children (12 years and over): 2 tablets every 4 hours or above as required. Do not take more than 8 tablets in 24 hours. Do not exceed the stated dose and do not take more frequently than every 4 hours. Do not use for longer than 7 days without asking your doctor. Always use the lowest effective dose to relieve your symptoms.

Children under 12 years: Do not use in children under 12 years of age.

### Warnings and Precautions

- Do not take with any other medicines for the relief of colds and flu, congestion or blocked nose.
- This product contains paracetamol. Taking too much paracetamol can cause serious harm to your liver.
- Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep.
- Always read and follow the label.
- Check with your doctor before use if you:
  - have liver or kidney problems,
  - are underweight or malnourished,
  - regularly drink alcohol.
- You may need to avoid using this product altogether or limit the amount of paracetamol that you take.
- Check with your doctor before use if you:
  - have a severe infection as this may increase the risk of metabolic acidosis.
- Signs of metabolic acidosis include:
  - deep, rapid, difficult breathing
  - feeling sick (nausea), being sick (vomiting)
  - loss of appetite
- Contact a doctor immediately if you get a combination of these symptoms, such as Reynaud's phenomenon (which may appear as pain in the fingers or toes in response to cold or stress), diabetes, an overactive thyroid,

- glaucoma (excessive pressure inside your eyes), pheochromocytoma (a tumour near the kidney), or prostate problems.
  - are taking medicines to control your blood pressure, such as beta-blockers,
  - are taking appetite suppressants or stimulants
  - are taking medicines to treat depression, such as tricyclic antidepressants (e.g. amitriptyline),
  - are taking medicines for heart disease (e.g. digoxin),
  - are taking warfarin or similar medicines used to thin the blood.
  - are breast-feeding. Use during breast-feeding should be avoided.
- This medicine contains caffeine. Avoid drinking too many caffeine containing drinks (e.g. tea, coffee and caffeine-containing canned drinks) when taking this medicine.

Please see your doctor if your symptoms persist.

Keep out of sight and reach of children. This medicine may cause dizziness. If affected do not drive or operate machinery.

### Adverse reactions

When using this medicine you may experience: headache, dizziness, nervousness, difficulty sleeping, increased blood pressure, nausea and vomiting.

### Stop taking this medicine and tell your doctor immediately if:

- you experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face,
- you experience a skin rash or peeling, or mouth ulcers,
- you have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product,
- you experience unexplained bruising or bleeding,
- you experience loss of vision, which may be due to abnormally high blood pressure in the eye. This is very rare but is more likely to occur in those with glaucoma,
- you experience an unusually fast pulse rate, or a sensation of an unusually fast or irregular heartbeat
- you experience difficulty in passing water. This is more likely to occur in men with an enlarged prostate gland.

These reactions are rare.

### Overdose

If you take more of the medicine than you should:

seek medical advice immediately even if you do not have any symptoms because of the risk of liver failure.

### Storage Condition

Store below 30°C. Store in a dry place.

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## 傷風+感冒 傷風感冒丸新配方



主治：傷風感冒引起的各種症狀、發燒及身體痛楚。  
不會使人昏昏欲睡。含更多維他命C。

### 成份

「必理痛」傷風感冒丸新配方每粒含有 Acetaminophen (Paracetamol) 500mg, Phenylephrine Hydrochloride 5mg, Caffeine 25mg, Vitamin C 30mg, Terpin Hydrate 20mg

### 賦形劑

Povidone, purified talc, starch maize, potassium sorbate, sodium lauryl sulphate, stearic acid, eurocol sunset yellow, starch pregelatinised +

### 作用

「必理痛」傷風感冒丸由於所含的成份是以適當的比例，精心調配而成，能迅速舒緩感冒、流行性感冒和其他呼吸道感染症所引起的各種症狀。Paracetamol是一種附性極低的止痛劑，不會刺激胃部，對消除中度疼痛特別有效；亦可消除頭痛和由感冒引致的其他痛楚。它的解熱性質亦可降低由呼吸道感染症所引起的發燒。Phenylephrine Hydrochloride是一種附性極低的鼻充血消除劑，能迅速治療感冒所引起的鼻塞，收縮充血之鼻黏膜，促進鼻部的暢通，恢復舒適的呼吸。Caffeine是一種興奮劑，協助消除感冒所引起的疲勞，促進清醒，使您在感冒後，維他命C能促進感冒迅速痊癒。Terpin Hydrate能消炎及舒管，是一種有效祛痰劑。

### 療效

舒緩傷風感冒的各種症狀：鼻塞、咽喉痛、發燒、痰多咳嗽、頭痛、身體痛楚。

### 禁忌症

如有以下情況，切勿服用此藥：

- 對此藥物內任何成份敏感人士。
- 如正服用或在過去兩週期間曾服用單胺氧化酶抑制劑的人士。
- 如您正在懷孕。

### 劑量和使用法

成人及兒童(十二歲或以上)：每次服兩粒，需要時每隔四小時或以上服一次。二十四小時內服用不超過八粒。不可服用多於指定份量。

請勿服用少於四小時服用此藥物。

如沒有醫生指示，切勿連續服用此藥超過7日。

請使用最低有效劑量，以減輕症狀。

不建議十二歲以下兒童服用此藥物。

### 注意事項

- 服用此藥時請避免服用其他過熱藥或舒緩傷風感冒的藥物。
- 此產品含有酒精成分。服用過量酒精可能導致肝臟受損。
- 如正服用其他處方或非處方治療熱血藥物以治療癌症，發燒、傷風感冒症狀或幫助睡眠，請勿同時服用此藥。
- 請仔細閱讀並嚴格按照「必理痛」傷風感冒丸。

請以下人士在服用此藥前向醫生查詢：

- 患有肝臟或腎臟疾病。
- 您的體重輕或營養不良。
- 患有飲酒的習慣。

您可能需要避免服用此產品或減低熱血藥的劑量。

如有以下狀況，在服用此藥前請先諮詢醫生：

- 患有嚴重感染，嚴重感染會增加代謝性酸中毒的風險
- 代謝性酸中毒的症狀包括：
  - 呼吸深、急促及困難
  - 感到不適（噁心）；身體不適（嘔吐）
  - 食慾不振

如出現多於一個以上的症狀，請立即求醫。

• 患有高血壓、心臟病、心血管病(如 Reynaud's Phenomenon——當遇到寒冷或壓力時，手指或腳尖可能會感到疼痛)、糖尿病、過度活躍甲狀腺、青光眼(眼睛內部壓力過大)、增殖性視網膜(腎上腺髓質腫脹)或前列線問題。

- 正服用降血壓藥物如 beta-blocker。
- 正服用增加胃酸或胃口的藥物。
- 正服用抗抑鬱的藥物如 amitriptyline(其中一種三環抗抑鬱藥)。
- 正服用心臟病藥物如 digoxin。
- 正服用 Warfarin 或其他抗凝藥物。
- 正在授乳。在授乳期間應避免服用此藥。

此藥物含有咖啡因，在服食本藥物期間應避免飲用過多含咖啡因的食品(如茶、咖啡、含咖啡因的罐裝飲品)。服用後若症狀持續，請向醫生查詢。

請把藥物存放在兒童視線以外及不易觸及的地方。

藥後如有難眠症狀，請勿駕駛或操作機器。

### 不良反應

服用此藥後，您可能會出現以下情況：頭痛、暈眩、焦慮、難以入睡、血壓上升、噁心及嘔吐。

如服此藥後出現以下不良反應，請立即停服並延醫診治：

- 出現敏感症狀，如皮膚出現疹或瘙癢，間中還出現呼吸困難、鼻塞、舌頭、咽喉或面部腫脹。
- 皮膚出現疹、皮膚或口腔出現潰瘍。
- 喉嚨服用阿士匹靈或其他非類固醇消炎藥出現呼吸困難的症狀，及在服食本藥物期間出現相似症狀。
- 出現不明原因低血。
- 失調(因基因缺陷出現異常高血壓所致)，這是十分罕見的，但患有此症者較易有此症狀。
- 不尋常的快速脈搏率又或者感到不尋常快或無規律的心跳。
- 尿尿困難。患有前列腺肥大的男性服用此藥會較易有此症狀。

這些不良反應是罕見的。

### 服藥過量

若服用過量藥物過熱，可導致肝衰竭。因此即使服用過量藥物後並無任何症狀，亦應繼續治療。

### 貯存方法

貯存於30°C以下及乾爽處。

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