

必理痛

兒童

最為醫學界採用

主治：發燒、痛症。不含亞士匹靈。

成份

只供口服。

每片含有Acetaminophen(Paracetamol) 120mg。

療效

退燒、止痛。

兒童必理痛能迅速有效地退燒，並能舒緩頭痛及因傷風感冒、出牙期間、疫苗注射所引起輕微至中等的痛症。

禁忌症

對本產品內任何成份敏感人士，請勿服用。

注意事項

此產品含撲熱息痛。若服用超過指定份量的撲熱息痛，可嚴重影響肝功能。請經常參閱及依照標籤指示使用本產品。請將此藥及其他藥物放置在兒童不易觸及的地方。服用後若病徵持續，應立即請教醫生。腎、肝病者，請於服用前向醫生查詢。如有以下狀況，在服用此藥前請先諮詢醫生：

- 體重過輕或營養不良
- 有飲酒習慣

避免與本產品一起使用或限制使用撲熱息痛的份量。

- 你有嚴重感染，嚴重感染會增加代謝性酸中毒的風險

代謝性酸中毒的徵狀包括：

- 呼吸深、急促及困難
- 感到不適（噁心）；身體不適（嘔吐）
- 食慾不振

如出現多於一個以上的徵狀，請立即求醫。

如正服用Warfarin或抗凝血藥，並需要長期服用Acetaminophen，這可能會增加流血機會，但仍可以偶然地同時服用本產品。請於服用此藥前諮詢醫生。如正服用處方或非處方含撲熱息痛藥物以治療痛症、發燒、傷風感冒症狀、或用以幫助睡眠，請勿服用此藥。

過量

根據剂量指示下服用而發生中毒的情況是十分罕見。不過，

大量服用超過指定份量的Acetaminophen (Paracetamol)則可能對某些兒童的肝臟產生不良影響。服用過量的徵狀可能會延遲至攝入後多達一週才出現。儘管如此，若及早治療過量服用，肝功能是可以大部分復原。因此，當懷疑服用過量，即使無出現任何徵狀，亦應儘快治理。可能需要以N-acetylcysteine或Methionine作治療。服用超過指定份量之Acetaminophen(Paracetamol)可引致肝衰竭。

不良反應

如在服用此藥物期間出現以下徵狀，請即停止服食本藥並應儘速延醫治理：

- 出現敏感徵狀，如皮膚出疹或痕癢，間中還出現呼吸困難、噁心、舌頭、咽喉或面部腫脹
- 皮膚出疹、脫皮或口腔出現潰瘍
- 曾因服用阿士匹靈或其他非類固醇類抗炎藥出現呼吸困難的徵狀，及在服食本藥物期間出現相似徵狀
- 出現不能解釋的瘀傷或流血

不良反應是罕有的，如：

- 血小板減少症(Thrombocytopenia)
- 全身過敏性反應(Anaphylaxis)
- 皮膚敏感如出疹、血管性水腫(Angioedema)、由Stevens Johnson Syndrome引致的全身性多形性紅斑
- 對阿士匹靈及其他非類固醇類抗炎藥敏感的患者或會出現支氣管痙攣(Bronchospasm)
- 肝機能障礙

用法與服量

藥片

兩歲以下：請服兒童必理痛退燒止痛藥水

兒童必理痛退燒止痛藥片適合兩歲或以上的兒童服用。每片藥片含有120毫克Acetaminophen。

每四小時服一次，或按醫生指示服用。

服用劑量是按兒童本身的體重而計算的：

每次10 — 15毫克/公斤(Acetaminophen/體重)，即每1公斤體重每次需服用10至15毫克Acetaminophen。以10毫克/公斤計

算的劑量(以藥片計)：兒童體重(公斤) × 10毫克/公斤 ÷ 120毫克/片。以15毫克/公斤計算的劑量(以藥片計)：兒童體重(公斤) × 15毫克/公斤 ÷ 120毫克/片。

體重 (公斤)	大約服用劑量 (以藥片計)
12.0-15.9	1.5
16.0-19.9	2
20.0-23.9	2.5
24.0-27.9	3
28.0-31.9	3.5
32.0-35.9	4
36.0-39.9	4.5
40.0-43.9	5
44.0	5.5

24小時內餵服不多於四次，請勿相隔少於四小時服用此藥物。不可服用多於指定份量。

請使用最低有效劑量及最短的時間以減輕症狀。不建議兩歲以下兒童服用此藥片。在沒有醫生指導下，不可持續使用超過三天。

懷孕與哺乳

如有懷孕，在服用本藥前請向醫護人員查詢。

現有的已發表數據顯示哺乳期間不是禁忌症。

貯存方法

請貯存於30°C以下。

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Panadol

Children's

Used most by doctors

FOR RELIEF OF FEVER AND PAINS, CONTAINS NO ASPIRIN

Description

For oral administration only.

Each tablet contains Acetaminophen (Paracetamol) 120mg.

Indications

Panadol for children reduces children's fevers quickly and effectively. Panadol for children also provides fast relief of mild-to-moderate pains associated with cold & flu, headaches, teething, immunizations.

Contraindications

Panadol is contraindicated in patients with a previous history of hypersensitivity to any of the constituents.

Precautions

This product contains paracetamol. Taking too much paracetamol can cause serious harm to your liver. Always read and follow the label. Keep this and all medicines out of reach of children. If symptoms persist or you have been diagnosed with liver or kidney impairment, seek medical advice.

Please check with your doctor before use if you:

- are underweight or malnourished.
- regularly drink alcohol.

You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

- have a severe infection as this may increase the risk of metabolic acidosis.

Signs of metabolic acidosis include:

- deep, rapid, difficult breathing
- feeling sick (nausea), being sick (vomiting)
- loss of appetite

Contact a doctor immediately if you get a combination of these symptoms.

The anticoagulant effect of warfarin and other coumarins may be enhanced by prolonged regular daily use of Acetaminophen with increased risk of bleeding; occasional doses have no significant effect. Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similar medicines used to thin blood. Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep.

Overdosage

Toxicity is extremely rare following administration of recommended dose. Nevertheless, massive overdose of Acetaminophen may adversely affect the liver of some children and signs or symptoms of overdose may be delayed for up to one week following ingestion. Nevertheless, liver damage is largely reversible if the patient is treated early, thus prompt medical attention is essential in all cases of suspected overdose even if there is no sign or symptom. Administration of N-acetylcysteine or Methionine may be required. Acetaminophen overdose may cause liver failure.

Adverse Reaction

Stop taking this medicine and seek medical advice immediately if you have:

- Allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- A skin rash or peeling, or mouth ulcers.
- Previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- Unexplained bruising or bleeding.

Undesirable effects are rare such as:

- Thrombocytopenia
- Anaphylaxis
- Cutaneous hypersensitivity reactions including skin rashes, angioedema, and Stevens Johnson Syndrome
- Bronchospasm in patients sensitive to aspirin and other NSAIDs
- Hepatic dysfunction

Dosage and Administration

Tablets

Under 2 years: Please take Panadol Suspension for Children

Panadol for children chewable tablet is suitable for children 2 years and over. Each chewable tablet contains Acetaminophen 120mg.

To be taken at every 4 hours, or as prescribed by the physician. Dosage is calculated according to body weight of the patient:

10-15mg/kg/dose (Acetaminophen/body weight/dose), i.e. dose of 10 to 15mg Acetaminophen for every kg of body weight. Dosage of 10mg/kg (in tab): weight of child (kg) × 10mg/kg ÷ 120mg/tab.

Dosage of 15mg/kg (in tab): weight of child (kg) × 15mg/kg ÷ 120mg/tab.

Weight (kg)	Approximate dose (No. of tablets)
12.0-15.9	1.5
16.0-19.9	2
20.0-23.9	2.5
24.0-27.9	3
28.0-31.9	3.5
32.0-35.9	4
36.0-39.9	4.5
40.0-43.9	5
44.0	5.5

Do not take more than 4 doses in 24 hours. Do not take more frequently than every 4 hours.

Do not exceed the stated dose.

Always use the lowest effective dose for the shortest period of time necessary to relieve your symptoms.

Not recommended for children under the age of 2 years.

Maximum duration of continued use without medical advice: 3 days.

Pregnancy and Lactation

Talk to your healthcare professional before taking paracetamol if you are pregnant.

Available published data do not contraindicate breast feeding.

Storage conditions

Store below 30°C.

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