

Drug Facts

Active ingredients (in each capsule) **Purposes**
Diphenhydramine hydrochloride 25 mg..... Nighttime sleep-aid
Solubilized ibuprofen equal to
200 mg ibuprofen (NSAID)*Pain reliever
(present as the free acid and potassium salt)
*nonsteroidal anti-inflammatory drug

Uses ■ for relief of occasional sleeplessness when
associated with minor aches and pains ■ helps you fall
asleep and stay asleep

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction,
especially in people allergic to aspirin. Symptoms may include:
■ hives ■ facial swelling ■ asthma (wheezing) ■ shock
■ skin reddening ■ rash ■ blisters
If an allergic reaction occurs, stop use and seek medical
help right away.

Stomach bleeding warning: This product contains an
NSAID, which may cause severe stomach bleeding. The
chance is higher if you ■ are age 60 or older ■ have had
stomach ulcers or bleeding problems ■ take a blood
thinning (anticoagulant) or steroid drug ■ take other drugs
containing prescription or nonprescription NSAIDs [aspirin,
ibuprofen, naproxen, or others] ■ have 3 or more alcoholic
drinks every day while using this product ■ take more or
for a longer time than directed

Drug Facts (continued)

Heart attack and stroke warning: NSAIDs, except aspirin,
increase the risk of heart attack, heart failure, and stroke.
These can be fatal. The risk is higher if you use more than
directed or for longer than directed.

Do not use ■ if you have ever had an allergic reaction to
any other pain reliever/fever reducer ■ unless you have
time for a full night's sleep ■ in children under 12 years of
age ■ right before or after heart surgery ■ with any other
product containing diphenhydramine, even one used on skin
■ if you have sleeplessness without pain

Ask a doctor before use if ■ stomach bleeding warning
applies to you ■ you have problems or serious side effects
from taking pain relievers or fever reducers ■ you have a
history of stomach problems, such as heartburn ■ you have
high blood pressure, heart disease, liver cirrhosis,
kidney disease, asthma, or had a stroke ■ you are taking a
diuretic ■ you have a breathing problem such as emphysema
or chronic bronchitis ■ you have glaucoma ■ you have
trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are
■ taking sedatives or tranquilizers, or any other sleep-aid
■ under a doctor's care for any continuing medical illness
■ taking any other antihistamines ■ taking aspirin for
heart attack or stroke, because ibuprofen may decrease this
benefit of aspirin ■ taking any other drug

When using this product ■ drowsiness will occur
■ avoid alcoholic drinks ■ do not drive a motor vehicle or
operate machinery ■ take with food or milk if stomach
upset occurs

Drug Facts (continued)

Stop use and ask a doctor if

■ you experience any of the following signs of
stomach bleeding:
■ feel faint ■ vomit blood ■ have bloody or black
stools ■ have stomach pain that does not get better
■ you have symptoms of heart problems or stroke:
■ chest pain ■ trouble breathing ■ weakness in one
part or side of body ■ slurred speech ■ leg swelling
■ pain gets worse or lasts more than 10 days
■ sleeplessness persists continuously for more than
2 weeks. Insomnia may be a symptom of a serious underlying
medical illness. ■ redness or swelling is present in the
painful area ■ any new symptoms appear

If pregnant or breast-feeding, ask a health professional
before use. It is especially important not to use ibuprofen at
20 weeks or later in pregnancy unless definitely directed to do
so by a doctor because it may cause problems in the unborn
child or complications during delivery. **Keep out of reach of
children.** In case of overdose, get medical help or contact a
Poison Control Center right away.

Directions

■ do not take more than directed
■ adults and children 12 years and over: take 2 capsules
at bedtime ■ do not take more than 2 capsules in 24 hours

Other information

■ each capsule contains: potassium 20 mg
■ read all warnings and directions before use. Keep carton.
■ store at 20-25°C (68-77°F)

HALEON

Smaller Capsule

Same Strength*

Advil PM[®]

Liqui-GELS[®]

Solubilized Ibuprofen, 200 mg/
Diphenhydramine HCl, 25 mg
Pain Reliever (NSAID)/
Nighttime Sleep-Aid

minis

Actual Size

40

Liquid Filled
Capsules

*Compared to Advil PM Liqui-Gels

Drug Facts (continued)

■ avoid excessive heat above 40°C (104°F)
■ protect from light

Inactive ingredients: D&C red no. 33, FD&C blue no. 1,
gelatin, medium-chain triglycerides, pharmaceutical ink,
polyethylene glycol, potassium hydroxide, purified water,
sorbitol sorbitan solution

Questions or comments?

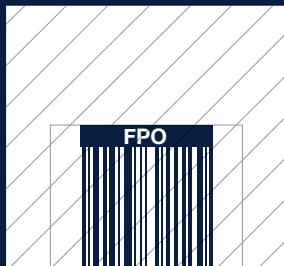
Call 1-855-297-3331

Do not use if seal under bottle cap is impaired with
"SEAL" or "YOUR PROTECT" is broken or missing.

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