

# HERAFLU

READ ALL WARNINGS AND DIRECTIONS ON CARTON BEFORE USE.  
KEEP CARTON FOR REFERENCE. DO NOT DISCARD.

### Drug Facts

#### Active ingredients (in each packet)

Active ingredients (in each packet)	Purposes
Acetaminophen 650 mg.....	Pain reliever/Fever reducer
Dextromethorphan HBr 20 mg.....	Cough suppressant

#### Uses

- temporarily relieves these symptoms due to a cold:
  - minor aches and pains
  - minor sore throat pain
  - headache
  - cough due to minor throat and bronchial irritation
- temporarily reduces fever

#### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting consult a doctor promptly.

- Do not use**
- in a child under 12 years of age
  - if you are allergic to acetaminophen
  - with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
  - if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

#### Ask a doctor before use if you have

- liver disease
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma or emphysema

#### Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin

#### Stop use and ask a doctor if

- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain or cough gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### Drug Facts (continued)

#### Directions

- do not use more than directed
- take every 4 hours, while symptoms persist. Do not take more than 5 packets in 24 hours unless directed by a doctor.

Age	Dose
adults and children 12 years of age and over	one packet
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz. hot water; sip while hot. Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water; stir briskly before and after heating. Do not overheat.

#### Other information

- each packet contains: potassium 5 mg, sodium 20 mg
- phenyletonuric: contains phenylalanine 14 mg per packet
- store at controlled room temperature 20-25°C (68-77°F). Protect product from heat and moisture.

**Inactive ingredients** acesulfame potassium, anhydrous citric acid, aspartame, FD&C blue no. 1, FD&C red no. 40, maltodextrin, natural and artificial flavors, silicon dioxide, sodium citrate, soy lecithin, sucrose, tribasic calcium phosphate

**Questions or comments?** 1-855-297-3031

## PARENTS:

Learn about teen medicine abuse

[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org)

**TAMPER EVIDENT INNER UNIT  
DO NOT USE IF SEALED THERAFLU  
PACKET IS TORN OR BROKEN**

1-855-297-3031

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# SEVERE COLD RELIEF DAYTIME

MULTI-SYMPTOM COLD RELIEF

HALEON

# HERAFLU

## SEVERE COLD RELIEF

**Acetaminophen**  
Pain Reliever/Fever Reducer  
**Dextromethorphan HBr**  
Cough Suppressant



**Hot liquid therapy**  
that relieves:

- / Cough
- / Sore throat pain
- / Head and body ache
- / Fever

**HOT LIQUID  
THERAPY**  
that relieves:



Cough



Sore Throat Pain



Headache



Body Ache



Fever



Berry Burst Flavor

6 PACKETS