



Prebiotic fiber strengthens and nourishes the good bacteria in your gut to support an environment for good digestive health.*



Non-GMO



Vegetarian



Gluten-Free[†]

Keep out of reach of children.
If you are pregnant, nursing, or taking medication, consult your doctor before use.
If taking other supplements, read label, since supplements may contain the same ingredient.
Do not use if printed inner safety seal under cap is broken or missing.

‡ Less than 20ppm

† Compared to Metamucil Capsules.
Metamucil is a trademark of The Procter & Gamble Co., which is not affiliated with the BENEFIBER product or its maker.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**40%
MORE
SERVINGS THAN
METAMUCIL
100 COUNT[†]**



Benefiber

**PREBIOTIC
FIBER SUPPLEMENT**

Supports Digestive Health*



**84
CAPLETS**

HALEON

Suggested Use: Adults and children 6 years and older; 3 caplets up to 3 times daily. Do not exceed 9 caplets daily.
For children under 6 years of age; ask their doctor before use.

Supplement Facts

Serving Size: 3 Caplets
Servings Per Container: 28

Amount Per Serving	% Daily Value [†]
Calories 10	
Total Carbohydrate 4 g	1%
Dietary Fiber 3 g	11%

[†]Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: wheat dextrins, microcrystalline cellulose. Contains <2%: magnesium stearate.

[‡]The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Dist. by: Haleon, Warren, NJ 07059

Pat. Info www.productpats.com

Store at room temperature. Keep bottle tightly closed. Protect from moisture.

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Made in France

Questions? Comments?
Call 1-800-452-0051

206115
L-0630-492-94-UPC
ORG



No Print / No Varnish Area
Lot no. & Exp. Date

0.35" x 1.7"
(Landing Zone)

1.5"
No T

FOLD

HIGH DISTORTION AREA

FOLD

4 mm Overlap

2.5 mm No Ink

1 mm Clear

NO INK

NO INK

NO INK