3" | 3.937" | 3.031" | 3.937" | 0.625"

3" | 10.697" | 5.236" | 2.461"

HALEON

PLANT BASED FIBER

Benefiber

PREBIOTIC FIBER SUPPLEMENT

on the GO

NOURISHES GOOD BACTERIA*

Clear & Taste-Free

28 STICK PACKS

28 – 4 g (0.14 OZ) STICK PACKS NET WT. 112 g (3.92 OZ)

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BLEED

Benefiber *on the GO*

PREBIOTIC FIBER SUPPLEMENT

Suggested Use: Adults and children 6 years and older: stir 1 stick pack into 4-8oz. of beverage† or soft food (hot or cold). Stir well until dissolved (up to 60 seconds). Take up to 3 stick packs daily. For children under 6 years, ask their doctor before use.
†Not recommended for carbonated beverages.

Supplement Facts

Serving Size: 1 Stick Pack (4 g)

	Amount Per Serving	%DV†
Calories	15	
Total Carbohydrate	4 g	1%
Dietary Fiber	3 g	11%
Soluble Fiber	3 g	*
Total Sugars	0 g	*

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: wheat dextrin§
§The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Dist. by: Haleon, Warren, NJ 07059
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Made in France

1-800-452-0051

Benefiber guarantees your satisfaction or your money back.

If taking other supplements, read label, since supplements may contain the same ingredient.
Keep out of reach of children.
If you are pregnant, nursing, or taking medication, consult your doctor before use.
Carton contains individual packets.
Do not use if packet seal is torn or broken.
Store at controlled room temperature 20-25°C (68-77°F). Protect from moisture.

Benefiber

PREBIOTIC FIBER SUPPLEMENT

on the GO

Maintaining good digestive health by getting the fiber you need just got easier.*

Benefiber Stick Packs are convenient, pre-measured, single serving sticks.

PLANT BASED FIBER — Benefiber is a plant based prebiotic fiber.

NOURISHES GOOD BACTERIA* — **What is Prebiotic Fiber?** Prebiotic fiber strengthens and **nourishes the good bacteria** in your gut to support an environment for good digestive health. What's good for your gut is good for you.*

GMO — Benefiber **dissolves completely** in your beverages and foods – water, coffee, yogurt, whatever you desire†. Benefiber is NON-GMO.

• Clear & Taste-Free • Sugar-Free • Gluten-Free‡

‡Less than 20 ppm

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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80% For Position Only

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GLUE AREA