

Benefiber

PREBIOTIC
FIBER SUPPLEMENT

on the GO

Maintaining good digestive health by getting the fiber you need just got easier.*
Benefiber Stick Packs are convenient, pre-measured, single serving sticks.

PLANT
BASED
FIBER

Benefiber is a plant based prebiotic fiber.

NOURISHES
GOOD
BACTERIA*

What is Prebiotic Fiber?
Prebiotic fiber strengthens and nourishes the good bacteria in your gut to support an environment for good digestive health. What's good for your gut is good for you.*



• Great Taste • Sugar-Free

Strawberry Lemonade
Natural Flavors with
Other Natural Flavors



80% For Position Only

✓ **Benefiber guarantees your satisfaction or your money back.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW!

HALEON

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24

STICK
PACKS

24 - 0.18 OZ (5.1g) STICK PACKS NET WT. 4.32 OZ (122.4 g)

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SUGGESTED USE:

Adults and children 12 and older:
stir 1 stick pack into 4-8 oz. of
beverage† or soft food (hot or
cold). Take up to 2 stick packs daily.
For children under 12 years of age, ask
their doctor before use.

Stir well until
dissolved (up to
60 seconds).

†Not recommended for
carbonated beverages.

Supplement Facts

Serving Size: 1 Stick Pack (5.1 g)

	Amount Per Serving	%DV†
Calories	20	
Total Carbohydrate	5 g	2%
Dietary Fiber	3 g	11%
Soluble Fiber	3 g	*
Total Sugars	0 g	*
Inulin (from chicory root)	3 g	*

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: natural flavors, maltodextrin. Contains <2%: beet juice concentrate (color), rebaudioside A (extracted and purified from natural stevia leaf), silica.

Distributed by: Haleon Warren, NJ 07059

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Pat. Info www.productpats.com

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

If taking other supplements, read the label, since supplements may contain the same ingredient.

Keep out of reach of children.

Store at room temperature. Protect from moisture.

Do not use if sealed packet inside carton is ripped or torn.

Questions? Comments?
Call 1-800-452-0051

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