

Nourish your gut with Benefiber Dual Action Biotic

for digestive harmony, combining
prebiotic fiber & probiotics*

-  Prebiotic fiber
nourishes good
bacteria*
-  Gluten Free*
-  Probiotics
strengthen
& add good
bacteria*
-  Non-GMO
-  Plant-Based
Fiber
-  Great for
on the go

On the go convenience

Benefiber stick packs are
pre-measured, single serving
sticks with a hint of mixed berry
flavor to brighten your day.

*Less than 20 ppm

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Prebiotic+Probiotics +Stress Relief*

Benefiber Dual Action Biotic Stress
Relief with L-Theanine helps keep you
even and calm. When occasional
stress pops up, it goes to work to
balance the bad vibes.*



SUGGESTED USE:



Adults and children 12 and older:
Stir 1 stick pack into 4-8 oz. of beverage*
or soft food (hot or cold).
Take up to 2 stick packs daily.

Stir well until dissolved (up to 60 seconds).

For children under 12 years of age:
Ask their doctor before use.

*Not recommended for carbonated beverages.

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Benefiber

DUAL ACTION BIOTIC

PREBIOTIC + PROBIOTICS

Stress Relief*

NEW

PLANT
BASED
FIBER

HALEON

Benefiber

DUAL ACTION BIOTIC

PREBIOTIC + PROBIOTICS

DIETARY SUPPLEMENT

Stress Relief*

Hint of Mixed Berry
Natural Flavor

Formulated with L-Theanine

ON THE GO

18 Stick
Packs

18-0.18 OZ (5.1 g) PACKETS / NET WT: 3.2 OZ (91.8 g)



SUGGESTED USE: Adults and children 12 and older: stir 1 stick pack into 4-8 oz. of beverage* or soft food (hot or cold). Take up to 2 stick packs daily. Stir well until dissolved (up to 60 seconds). For children under 12 years of age, ask their doctor before use. *Not recommended for carbonated beverages.

Supplement Facts

Serving Size: 1 Stick Pack (5.1 g)

	Amount Per Serving	%DV ¹
Calories	15	
Total Carbohydrate	5 g	2%
Dietary Fiber	3 g	11%
Soluble Fiber	3 g	*
Total Sugars	0 g	*
Inulin (from chicory root)	3 g	*
L-Theanine	200 mg	*
LactoSpore [®]	667 mg	*
Bacillus coagulans, (Lactobacillus sporogenes MTCC 5856)	(1 billion CFU)	

¹Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: maltodextrin, natural mixed berry flavors, silica.

Dist. by: Haleon, Warren, NJ 07059

Pat. Info www.productpats.com

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Questions? Comments?

Call 1-800-452-0051

www.benefiber.com

If you are pregnant, nursing, or
taking medication, consult your
doctor before use.

If taking other supplements,
read the label, since supplements
may contain the same ingredient.

Keep out of reach of children.

Store at room temperature.
Protect from moisture.

Do not use if sealed packet
inside carton is ripped or torn.



To learn more
please visit

