

Nourish to flourish, that's the Benefiber way.

With more prebiotic fiber than the leading greens drink, Benefiber Prebiotic Fiber + Supergreens helps support a balance of good gut bacteria[‡] to help keep your body working its best, as well as Ginseng and B-Vitamins to help support energy*, every day. Science-backed, prebiotic fiber makes all the difference.

- ✓ Plant-Based Energy**
- ✓ Dairy Free
- ✓ Gluten Free
- ✓ No Artificial Flavors, Sweeteners, Synthetic Dyes
- ✓ Easily Dissolvable
- ✓ Great Taste
- ✓ Non-Gmo

SUGGESTED USE: Adults: Add one (1) scoop to 8 ounces of cold water, shake or stir well. Drink immediately after mixing.



If you are pregnant, nursing, taking a medication or supplement, and/or have a medical condition, talk to your healthcare provider before use.

KEEP OUT OF REACH OF CHILDREN

Not formulated for use in children. Do not exceed suggested use. Store at room temperature. Keep bottle tightly closed. Protect from moisture. Do not use if printed inner safety seal under cap is broken or missing.

† B-Vitamins support cellular energy.*
‡ Prebiotic fiber supports digestive health.*
± Prebiotic fiber supports metabolic energy.*
◇ Prebiotic fiber supports metabolic energy, B-Vitamins support cellular energy, and Ginseng supports mental energy.*
▲ Ginseng supports mental energy.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREBIOTIC FIBER • ZERO SUGAR • B-VITAMINS • GINSENG

NEW

Benefiber

PREBIOTIC FIBER+
SUPERGREENS

SUPPORTS GUT HEALTH & ENERGY^{50*}



watermelon
lemonade
FLAVOR

25 DAY SUPPLY
DIETARY SUPPLEMENT

NET WT. 8.8 OZ (250 g)



Proactive Daily
Digestive Support^{††}



Plant-based energy for
alertness & focus^{††}



More prebiotic fiber
than the leading
greens drink



6g Plant-Based Fiber
per serving

Supplement Facts

Serving Size 1 Scoop (10 g)
Servings Per Container 25

Amount Per Serving	% DV
Calories 40	
Total Carbohydrate 9 g	3%†
Dietary Fiber 6 g	21%†
Total Sugars 0 g	*
Includes 0 g Added Sugars	0%†
Vitamin C (as ascorbic acid) 90 mg	100%
Riboflavin 2 mg	154%
Niacin (as niacinamide) 20 mg	125%
Vitamin B ₆ (as pyridoxine hydrochloride) 3 mg	176%
Vitamin B ₁₂ (as cyanocobalamin) 25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) 10 mg	200%
Sodium 10 mg	<1%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value not established.

Other Ingredients: maltodextrin, natural flavors. Contains <2%: citric acid, guar gum, malic acid, steviol glycosides (from stevia plant extract), xanthan gum.

Distributed by: Haleon, Warren, NJ 07059

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Amount Per Serving	% DV
Prebiotic and Fiber Blend 6,000 mg	*
Soluble corn fiber (resistant starch), green banana flour, apple fiber, carrot fiber, blueberry fiber, cranberry fiber, spinach leaf	
Adaptogen Powder Blend 260 mg	*
Cereboost® American ginseng (<i>Panax quinquefolius</i> L.) root extract complex, organic lion's mane mushroom (mycelial body mass and/or fruiting body), organic shiitake mushroom (mycelial body mass and/or fruiting body), organic reishi mushroom (mycelial body mass and/or fruiting body)	
Organic Greens Powder Blend 700 mg	*
Organic spirulina (whole cell), organic alfalfa sprout, organic pea seed, organic kale leaf, organic parsley leaf, organic collard greens leaf	
Vegetable and Fruit Powder Blend 100 mg	*
Whole coffee fruit extract, green tea leaf extract, broccoli sprout, onion bulb extract, apple fruit extract, quercetin, tomato fruit, broccoli floret, camu camu fruit, acerola fruit extract, acai fruit, turmeric rhizome, garlic bulb, basil leaf, oregano leaf, cinnamon bark, carrot root, elderberry fruit, mangosteen fruit, blackcurrant fruit extract, blueberry fruit extract, sweet cherry fruit, raspberry fruit, spinach leaf, chokeberry fruit, kale leaf, blackberry fruit, bilberry fruit, Brussels sprout	

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