#### READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION

## Drug Facts

### Active ingredients (in each capsule)

#### Purposes

Diphenhydramine hydrochloride 25 mg.......Nighttime sleep-aid Solubilized ibuprofen equal to 200 mg ibuprofen (NSAID)\*.... . Pain reliever (present as the free acid and potassium salt)

# Uses

■ for relief of occasional sleeplessness when associated with minor aches and pains

helps you fall asleep and stay asleep

\*nonsteroidal anti-inflammatory drug

#### Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin.

Symptoms may include:

■ hives ■ facial swelling ■ asthma (wheezing)

■ shock ■ skin reddening ■ rash ■ blisters If an allergic reaction occurs, stop use and seek medical help right away.

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

are age 60 or older

- have had stomach ulcers or bleeding problems ■ take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs [aspirin, ibuprofen, naproxen,
- have 3 or more alcoholic drinks every day while using this product

■ take more or for a longer time than directed.

## Drug Facts (continued)

Heart attack and stroke warning: NSAIDs, except aspirin. increase the risk of heart attack, heart failure, and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.

#### Do not use

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- unless you have time for a full night's sleep
- in children under 12 years of age
- right before or after heart surgery
- with any other product containing diphenhydramine, even one used on skin
- if you have sleeplessness without pain

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- vou have problems or serious side effects from taking pain relievers or fever reducers
- vou have a history of stomach problems, such as
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease, asthma, or had a stroke vou are taking a diuretic
- you have a breathing problem such as emphysema or chronic bronchitis
- vou have glaucoma
- vou have trouble urinating due to an enlarged prostate gland

#### Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers, or any other sleep-aid
- under a doctor's care for any continuing medical illness
- taking any other antihistamines
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin taking any other drug

## When using this product

- drowsiness will occur avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery
- take with food or milk if stomach upset occurs

# Drug Facts (continued)

#### Stop use and ask a doctor if

- vou experience any of the following signs of stomach bleeding:
- feel faint vomit blood have bloody or black stools

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- have stomach pain that does not get better
- vou have symptoms of heart problems or stroke:
- chest pain trouble breathing weakness in one part or side of body
- slurred speech leg swelling
- pain gets worse or lasts more than 10 days
- sleeplessness persists continuously for more than
- 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- redness or swelling is present in the painful area
- any new symptoms appear

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use ibuprofen at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

#### **Directions** and do not take more than directed

- adults and children 12 years and over: take 2 capsules
- do not take more than 2 capsules in 24 hours

#### Other information

## each capsule contains: potassium 20 mg

- read all warnings and directions before use. Keep carton. ■ store at 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F)
- protect from light

Inactive inaredients D&C red no. 33. FD&C blue no. 1 gelatin, medium-chain triglycerides, pharmaceutical ink. polyethylene glycol, potassium hydroxide, purified water, sorbitol sorbitan solution

**Questions or comments?** Call weekdays 9 AM to 5 PM EST at **1-800-88-ADVII** 

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**Drug Facts** (continued)