

## Nasal Congestion and Fever Kelieves Sinus Pressure,

Trial Decorbed Institution of Instit Jbuprofen 200 mg > Pain Reliever/Fever Reducer (NSAID)

# COLD & SINUS MON-Drowsy

### READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION

.... Nasal decongestant

## Drug Facts

#### Active ingredients (in each caplet) Purposes ......Pain reliever/fever reducer Ibuprofen 200 mg (NSAID)\*..

Pseudoenhedrine HCL30 mg \*nonsteroidal anti-inflammatory drug

Uses temporarily relieves these symptoms associated with the

common cold or flu: ■ headache ■ fever ■ sinus pressure minor body aches and pains nasal congestion

Drug Facts (continued)

#### Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include

■ hives ■ facial swelling ■ asthma (wheezing)

■ shock ■ skin reddening ■ rash ■ blisters If an allergic reaction occurs, stop use and seek medical help right away.

Drug Facts (continued)

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs [aspirin, ibuprofen, naproxen, or others]
- have 3 or more alcoholic drinks every day while using this product take more or for a longer time than directed

Heart attack and stroke warning: NSAIDs, except aspirin, increase the risk of heart attack, heart failure, and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed

#### Do not use

- in children under 12 years of age
- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- right before or after heart surgery
- you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have problems or serious side effects from taking pain relievers or fever reducers
- vou have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease, asthma, thyroid disease, diabetes, have trouble urinating due to an enlarged prostate gland, or had a stroke
- you are taking a diuretic

#### **Drug Facts** (continued)

#### Ask a doctor or pharmacist before use if you are

- under a doctor's care for any serious condition
- taking any other product that contains pseudoephedrine or any other nasal decongestant
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

### When using this product

#### ■ take with food or milk if stomach upset occurs

#### Stop use and ask a doctor if

- you experience any of the following signs of stomach bleeding:
- feel faint vomit blood ■ have bloody or black stools
- have stomach pain that does not get better
- you have symptoms of heart problems or stroke:
  - trouble breathing chest pain
- weakness in one part or side of body
- slurred speech leg swelling fever gets worse or lasts more than 3 days
- nasal congestion lasts for more than 7 days
- symptoms continue or get worse
- redness or swelling is present in the painful area
- you get nervous, dizzy, or sleepless
- any new symptoms appear

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use ibuprofen at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery

Keen out of reach of children. In case of overdose get medical help or contact a Poison Control Center right away.

#### **Drug Facts** (continued)

#### Directions do not take more than directed

- the smallest effective dose should be used.
- adults and children 12 years of age and over:
  - take 1 caplet every 4 to 6 hours while symptoms persist. If symptoms do not respond to 1 caplet, 2 caplets may be used. ■ do not use more than 6 caplets in any 24-hour period unless directed
- by a doctor ■ children under 12 years of age: do not use

### Other information

- store at 20 -25°C (68 -77°F). Avoid excessive heat above 40°C (104°F).
- read all warnings and directions before use. Keep carton.

## **Drug Facts** (continued)

Inactive ingredients acetylated monoglycerides, carnauba wax, colloidal silicon dioxide, corn starch, croscarmellose sodium, methylparaben, microcrystalline cellulose, pharmaceutical glaze, pharmaceutical ink, povidone, pregelatinized starch, propylparaben, sodium benzoate, sodium lauryl sulfate, stearic acid, sucrose, synthetic iron oxides, titanium dioxide

#### Questions or comments?

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