



Centrum



WOMEN 50+ MULTIGUMMIES

Supports heart, brain,
eye health + bone strength**^



Assorted Natural Fruit Flavors
80 Gummies
Multivitamin/Multimineral Supplement

Centrum

- No artificial flavors or sweeteners
- Take with or without food or water
- Gluten-free
- Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens

SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories 15		Vitamin B ₁₂ 25 mcg	1,042%
Total Carbohydrate 3 g	1%†	Biotin 150 mcg	500%
Total Sugars 2 g	*	Pantothenic Acid 3 mg	60%
Includes 2 g Added Sugars	4%†	Calcium 100 mg	8%
Vitamin A 600 mcg	67%	Iodine 80 mcg	53%
Vitamin C 36 mg	40%	Zinc 3.5 mg	32%
Vitamin D ₃ 25 mcg (1,000 IU)	125%	Sodium 5 mg	<1%
Vitamin E 15 mg	100%		
Vitamin B ₆ 3 mg	176%		
Folate 267 mcg DFE (160 mcg Folic Acid)	67%		

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‡ Questions? Comments? Call 1-877-CENTRUM (236-8786)
For most recent product information, visit www.centrum.com
Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

INGREDIENTS: Glucose Syrup, Sugar, Water, Tribasic Calcium Phosphate, Gelatin, Ascorbic Acid (Vit. C). **Contains <2%:** Annatto Seed Extract (color), Biotin, Calcium Pantothenate, Carnauba Wax, Cholecalciferol (Vit. D₃), Citric Acid, Citrus Pectin, Cyanocobalamin (Vit. B₁₂), DL-alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and/or Vegetable Juice Concentrates (purple carrot, maqui berry) (color and/or flavor), Invert Sugar, Lactic Acid, Medium-Chain Triglycerides, Natural Flavors, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Sodium Citrate, Sodium Lactate, Turmeric (color), Vitamin A Acetate, Zinc Sulfate.
Distributed by: GSK Consumer Healthcare, Warren, NJ 07059

Keep out of reach of children.
Do not take this product with other products containing folic acid or vitamin A. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter the product potency. Proudly manufactured in a GMP facility.

^ B-Vitamins help support heart health.*
‡ Not a replacement for cholesterol-lowering drugs.
Zinc and B-Vitamins help support normal brain function.*
Vitamins A, C, and E support healthy eyes.*
Vitamin D helps maintain strong bones.*
† Take as part of a calcium-rich diet.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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