

Dist. by: Haleon, Warren, NJ 07059
Trademarks owned or licensed by Haleon.

©2024 Haleon or licensor.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

If taking other supplements, read label, since supplements may contain the same ingredient.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store at room temperature.

Avoid excessive heat above 40°C (104°F).

Keep bottle tightly closed.

Do not use if printed sleeve is broken or missing.

Questions? Comments? Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

Pat. Info www.productpats.com

NEW

HALEON

Centrum

SUPERBLENDS

HIGH POTENCY

Multivitamin

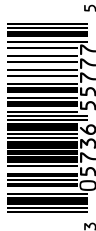
with a powder blend of
12 Fruits & Vegetables
(100 mg per serving)

Non-GMO • Gluten Free

ALUMINUM BOTTLE

**Dietary
Supplement**

**60 Vegetarian
Capsules**



214169



how2recycle.info

DIRECTIONS: Adults: Take two (2) capsules daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% DV
--------------------	------

Vitamin A (100% as beta-carotene from naturally occurring micro-organism <i>Blakeslea trispora</i>) 900 mcg	100%
--	------

Vitamin C (as ascorbic acid) 90 mg	100%
------------------------------------	------

Vitamin D ₃ (as cholecalciferol) 25 mcg (1,000 IU)	125%
---	------

Vitamin E (as d-alpha tocopheryl succinate) 16.5 mg	110%
---	------

Vitamin K (as phytonadione) 60 mcg	50%
------------------------------------	-----

Thiamin (as thiamine mononitrate) 1.32 mg	110%
---	------

Riboflavin 1.43 mg	110%
--------------------	------

Niacin (as nicotinamide) 17.6 mg	110%
----------------------------------	------

Vitamin B ₆ (as pyridoxine hydrochloride) 1.87 mg	110%
--	------

Folate 333 mcg DFE (200 mcg Folic Acid)	83%
---	-----

Vitamin B ₁₂ (as methylcobalamin) 2.64 mcg	110%
---	------

Biotin 33 mcg	110%
---------------	------

Pantothenic Acid (as calcium pantothenate) 5.5 mg	110%
---	------

Calcium (as calcium carbonate) 100 mg	8%
---------------------------------------	----

Amount Per Serving	% DV
--------------------	------

Iron (as carbonyl iron) 4 mg	22%
------------------------------	-----

Iodine (as potassium iodide) 150 mcg	100%
--------------------------------------	------

Magnesium (as magnesium hydroxide) 50 mg	12%
--	-----

Zinc (as zinc oxide) 11 mg	100%
----------------------------	------

Selenium (as sodium selenate) 55 mcg	100%
--------------------------------------	------

Copper (as copper gluconate) 0.9 mg	100%
-------------------------------------	------

Manganese (as manganese bisglycinate sulfate) 2.3 mg	100%
--	------

Chromium (as chromium picolinate) 35 mcg	100%
--	------

Molybdenum (as sodium molybdate) 45 mcg	100%
---	------

Lutein (from marigold flower extract) 1 mg	*
--	---

Lycopene 1 mg	*
---------------	---

Organic Whole Fruit & Vegetable Powder Blend 100 mg	*
Strawberry, Broccoli, Broccoli Sprouts, Carrot, Tomato, Kale, Spinach, Raspberry, Blueberry, Tart Cherry, Elderberry, Cranberry	

*Daily Value (DV) not established.

Other Ingredients: Organic Rice Flour, Hypromellose (vegetarian), Modified Corn Starch, Organic Rice Hull. Contains <2%: Magnesium Stearate