

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Centrum

## DUAL ACTION

### MULTI+ MENTAL FOCUS

#### MULTIGUMMIES

Helps maintain focus,  
attention and alertness\*\*



**PLUS**  
**50 mg of**  
**caffeine from**  
**Green Tea**  
**PER SERVING\***

Natural Orange & Lemon Flavors  
with other natural flavors

**90 Gummies**  
**Dietary Supplement**

HALEON

## Centrum

### Intentionally Crafted

Specially designed with caffeine  
from Green Tea to help support  
mental focus\*

### Trusted Science

Backed by 40+ years of nutritional  
science. Centrum is the most clinically  
studied multivitamin brand in the world

### Expert Recommended Brand

#1 Doctor and #1 Pharmacist  
recommended Multivitamin Brand

### SUPPORTS:\*\*



Mental Focus



Brain Health



Vitality



Energy



Immunity

**SUGGESTED USE:** Adults: Take two (2) gummies daily. Do not exceed suggested  
use. Not formulated for use in children.

### Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 45

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Calories 25		Folate (as folic acid) 267 mcg DFE	67%
Total Carbohydrate 6 g	2%	(160 mcg Folic Acid)	
Total Sugars 4 g	*	Vitamin B12 20 mcg	833%
Includes 4 g Added Sugars	8%	(as cyanocobalamin)	
Vitamin A 750 mcg	83%	Biotin 75 mcg	250%
(as vitamin A acetate)		Iodine 150 mcg	100%
Vitamin C 45 mg	50%	(as potassium iodide)	
(as ascorbic acid)		Zinc 5 mg	45%
Vitamin D3 25 mcg (1,000 IU)	125%	(as zinc sulfate)	
(as cholecalciferol)		Selenium 55 mcg	100%
Vitamin E 15 mg	100%	(as sodium selenate)	
(as dl-alpha tocopheryl acetate)		Caffeine 50 mg	*
Niacin 3.2 mg	20%	(from green tea leaf extract	
(as niacinamide)		(Camellia sinensis))	
Vitamin B6 5 mg	294%	†Percent Daily Values (DV) are based on a	
(as pyridoxine hydrochloride)		2,000 calorie diet.	
		*Daily Value not established.	

**Other Ingredients:** Glucose Syrup, Sugar, Gelatin, Water. Contains <2% of: Citric  
Acid, Color (Annatto Seed Extract, Purple Carrot Juice Concentrate, Turmeric  
Extract), Lactic Acid, Natural Flavors, Stevia Sweetener (Rebaudioside M),  
Sodium Lactate.

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- Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens
- No artificial flavors, or synthetic dyes
- Gluten-free • May be taken with or without food or water

As with any supplement, if you are pregnant, nursing or taking medication,  
consult your doctor before use.

If taking other supplements, read label, since supplements may contain the  
same ingredient.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

Store at room temperature. Keep bottle tightly closed. Protect from moisture.  
Due to use of plant-based colors, gummy appearance may change over time.

This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments?

Call 1-877-CENTRUM (236-8786)

For most recent product information,  
visit [www.centrum.com](http://www.centrum.com)

^ Caffeine from green tea supports focus,  
attention and alertness.\*

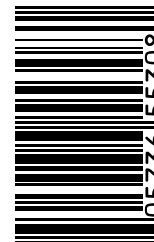
Zinc and B-Vitamins help support normal  
brain function.\*

Antioxidant nutrients, including Vitamin E,  
Zinc and Selenium, support vitality.\*

B-Vitamins support daily energy needs.\*

Vitamins C, E & Zinc support normal  
immune function.\*

\* Compared to other Centrum  
MultiGummies formulas that contain  
no caffeine



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