

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HALEON

Centrum

DUAL ACTION

MULTI+ BEAUTY

MULTIGUMMIES

Supports a healthy & beautiful
body: hair, skin & nails**



PLUS
2500 mcg
Biotin
PER SERVING*



Natural Cherry, Berry & Orange Flavors
with other natural flavors

100 Gummies
DIETARY SUPPLEMENT

Centrum

Intentionally Crafted

Specially designed with Biotin to
support healthy hair, skin & nails*

Trusted Science

Backed by 40+ years of nutritional
science. Centrum is the most clinically
studied multivitamin brand in the world

Expert Recommended Brand

#1 Doctor and #1 Pharmacist
recommended Multivitamin Brand

SUPPORTS:**



Hair, Skin
& Nails



Bone
Strength



Healthy
Appearance



Energy



Immunity

SUGGESTED USE Adults: Take two (2) gummies daily. Do not exceed suggested
use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 50

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Calories 20		Vitamin B12 (as cyanocobalamin)	625%
Total Carbohydrate 4 g	1%	15 mcg	
Total Sugars 3 g	*	Biotin 2,500 mcg	8,333%
Includes 3 g Added Sugars	6%	Pantothenic Acid (as calcium pantothenate) 6 mg	120%
Vitamin A (as vitamin A acetate)	83%	Calcium (as tribasic calcium phosphate) 130 mg	10%
750 mcg		Iodine (as potassium iodide)	100%
Vitamin C (as ascorbic acid)	50%	150 mcg	
45 mg		Zinc (as zinc sulfate) 5 mg	45%
Vitamin D2 (as cholecalciferol)	125%	Sodium 5 mg	<1%
25 mcg (1,000 IU)			
Vitamin E (as dl-alpha tocopheryl acetate) 13.5 mg	90%		
Vitamin B6 (as pyridoxine hydrochloride) 5 mg	294%		
Folate (as folic acid) 267 mcg DFE	67%		
(160 mcg Folic Acid)			

Other Ingredients: Glucose Syrup, Sugar, Gelatin, Water. Contains <2% of: Annatto
Seed Extract (color), Carnauba Wax, Cherry Essence, Citric Acid, Fruit and/or
Vegetable Juice Concentrates (Purple Carrot, Maqui Berry, Plum, Blackberry,
Raspberry) (color and/or flavor), Grapefruit Oil, Invert Sugar, Lactic Acid, Mannitol,
Medium-Chain Triglycerides, Natural Flavors, Orange Oil, Sodium Lactate.

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- Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens
- No artificial flavors or sweeteners, or synthetic dyes
- Gluten-free • May be taken with or without food or water

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As with any supplement, if you are pregnant, nursing or taking medication,
consult your doctor before use.

If taking other supplements, read label, since supplements may contain the
same ingredient.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.
Store at room temperature. Keep bottle tightly closed. Protect from Moisture.
Due to use of plant-based colors, gummy appearance may darken over time.
This does not alter the product potency.

Bottle sealed with printed foil under cap.
Do Not Use if foil is torn.

Questions? Comments?

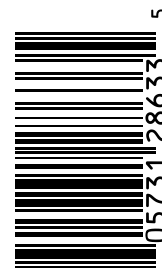
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit
www.centrum.com

^ A combination of 12 Nutrients helps
support whole body health including
Biotin, Vitamins A, C and E to help maintain
healthy appearance including hair, skin
and nails.
Vitamin D and Calcium help maintain
strong bones.*

B-Vitamins support daily energy needs.*
Antioxidant vitamins C, E and Zinc support
normal immune function.*

¥ Compared to other Centrum MultiGummies
formulas with lower Biotin amounts



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