

HALÉON

Centrum

DUAL ACTION

MULTI+ OMEGA-3

MULTIGUMMIES

Supports a healthy body
+ heart, brain & eye health**



PLUS
7 mg EPA &
33 mg DHA
Omega-3s
PER SERVING*

Natural Strawberry, Lemon & Orange Flavors
with other natural flavors

110 Gummies
DIETARY SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Centrum

- Contains no wheat, milk, soy, egg, peanut, tree nuts, or crustacean shellfish allergens
- No artificial flavors or sweeteners, or synthetic dyes
- Gluten-free • May be taken with or without food or water

Intentionally Crafted

Specially designed with B-vitamins
to support heart health plus
EPA & DHA Omega-3s*

Trusted Science

Backed by 40+ years of nutritional
science. Centrum is the most clinically
studied multivitamin brand in the world

Expert Recommended Brand

#1 Doctor and #1 Pharmacist
recommended Multivitamin Brand

SUPPORTS:**



Heart Health



Brain Health



Eye Health



Whole Body
Health



Energy



Immunity

SUGGESTED USE Adults: Take two (2) gummies daily.

Do not exceed suggested use. Not formulated for use in children

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 55

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Calories 25		Vitamin B12 (as cyanocobalamin)	417%
Total Carbohydrate 4 g	1%	10 mcg	
Total Sugars 4 g	*	Biotin 75 mcg	250%
Includes 4 g Added Sugars	8%	Pantothenic Acid (as calcium pantothenate) 6 mg	120%
Vitamin A (as vitamin A acetate)	67%	Iodine (as potassium iodide) 80 mcg	53%
600 mcg		Zinc (as zinc sulfate) 5 mg	45%
Vitamin C (as ascorbic acid) 30 mg	33%	Sodium 5 mg	<1%
Vitamin D3 (as cholecalciferol)	125%		
25 mcg (1,000 IU)		Total Omega-3 Fatty Acids	*
Vitamin E (as dl-alpha tocopheryl acetate) 18 mg	120%	(from fish oil) 47 mg	
Vitamin B6 (as pyridoxine hydrochloride) 1.6 mg	94%	DHA (docosahexaenoic acid) 33 mg	*
Folate (as folic acid) 267 mcg DFE	67%	EPA (eicosapentaenoic acid) 7 mg	*
(160 mcg Folic Acid)			

Ingredients: Glucose Syrup, Sugar, Gelatin, Water. Contains <2% of: Citric Acid, Color (Annatto Seed Extract, Turmeric, Purple Carrot Juice Concentrate), Lactic Acid, Mannitol, Natural Flavors, Sodium Lactate.

Our Omega-3 DHA & EPA is sourced from highly refined fish oil.

***This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

Distributed by: Haleon, Warren, NJ 07059

Trademarks are owned by or licensed to the Haleon group of companies.

©2023 Haleon group of companies or its licensor.

As with any supplement, if you are pregnant, nursing, or taking medication,
consult your doctor before use.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.
Store at room temperature.

Keep bottle tightly closed. Due to use of plant-based colors, gummy appearance
may darken over time. This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments?

Call 1-877-CENTRUM (236-8786)

For most recent product information, visit
www.centrum.com

^ Includes 11 Nutrients to support whole
body health.*

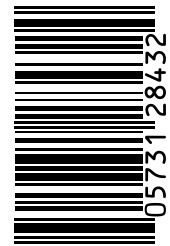
B-Vitamins help support heart health.*§
§ Not a replacement for
cholesterol-lowering drugs.

Zinc & B-Vitamins help support normal
brain function.*

Vitamins A, C and E support healthy eyes.*
B-Vitamins support daily energy needs.*

Antioxidant vitamins C, E and Zinc help
support normal immune function.*

† Compared to other Centrum MultiGummies
formulas with no Omega-3



3

207794