



Centrum

minis WOMEN

IMMUNE SUPPORT*

250% daily value of
vitamin C and zinc



Multivitamin/Multimineral Supplement **280**
Tablets

SUGGESTED USE: Adults: Take two (2) tablets daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 140

Amount Per Serving	% DV*
Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
Vitamin C 225 mg	250%
Vitamin D ₃ 25 mcg (1,000 IU)	125%
Vitamin E 15 mg	100%

Amount Per Serving	% DV*
Vitamin K 50 mcg	42%
Thiamin 1.1 mg	92%
Riboflavin 1.1 mg	85%
Niacin 14 mg	88%
Vitamin B ₆ 2 mg	118%
Folate 667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ 6 mcg	250%

Amount Per Serving	% DV*
Biotin 40 mcg	133%
Pantothenic Acid 15 mg	300%
Calcium 130 mg	10%
Iron 18 mg	100%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 42 mg	10%
Zinc 27.5 mg	250%

Amount Per Serving	% DV*
Selenium 18 mcg	33%
Copper 0.5 mg	56%
Manganese 1.8 mg	78%
Chromium 32 mcg	91%
Molybdenum 50 mcg	111%
Chloride 72 mg	3%
Potassium 80 mg	2%

*Daily Value

Ingredients: Calcium Carbonate, Ascorbic Acid (Vit. C), Potassium Chloride, Microcrystalline Cellulose, Dibasic Calcium Phosphate, Magnesium Oxide, Ferrous Fumarate, DL-alpha Tocopheryl Acetate (Vit. E), Zinc Oxide, Crospovidone.

Contains <2% of: Beta-Carotene, Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Cyanocobalamin (Vit. B₁₂), Folic Acid, Lecithin (soy), Magnesium Stearate, Manganese Sulfate, Niacinamide, Phytonadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Vitamin A Acetate, Yellow 6 Lake. **Contains:** Soy

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use. If taking other supplements, read label, since supplements may contain the same ingredient. Do not use with other zinc containing products.

Store at room temperature. Keep bottle tightly closed. Bottle sealed with printed foil under cap. Do Not Use if foil is torn. Questions? Comments? Call 1-877-CENTRUM (236-8786) For most recent product information, visit www.centrum.com

~ Read more about our Non-GMO standards on centrum.com

Verified Non-GMO & Gluten Free!™

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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