

SUGGESTED USE: Adults: Take two (2) tablets daily with food.
Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

| Amount Per Serving | % Daily Value |
|--|---------------|
| Vitamin A 750 mcg (40% as Beta-Carotene) | 83% |
| Vitamin C 60 mg | 67% |
| Vitamin D ₃ 25 mcg (1,000 IU) | 125% |
| Vitamin E 22.5 mg | 150% |
| Vitamin K 30 mcg | 25% |
| Thiamin 1.5 mg | 125% |
| Riboflavin 1.7 mg | 131% |
| Niacin 20 mg | 125% |
| Vitamin B ₆ 3 mg | 176% |
| Folate 667 mcg DFE (400 mcg Folic Acid) | 167% |
| Vitamin B ₁₂ 25 mcg | 1,042% |
| Biotin 30 mcg | 100% |
| Pantothenic Acid 10 mg | 200% |
| Calcium 220 mg | 17% |
| Phosphorus 20 mg | 2% |
| Iodine 150 mcg | 100% |
| Magnesium 50 mg | 12% |
| Zinc 11 mg | 100% |
| Selenium 19 mcg | 35% |
| Copper 0.5 mg | 56% |
| Manganese 2.3 mg | 100% |
| Chromium 50 mcg | 143% |
| Molybdenum 45 mcg | 100% |
| Chloride 72 mg | 3% |
| Potassium 80 mg | 2% |
| Lutein 250 mcg | * |
| Lycopene 300 mcg | * |

*Daily Value not established.

Ingredients: Calcium Carbonate, Potassium Chloride, Dibasic Calcium Phosphate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid (Vit. C), DL-alpha Tocopheryl Acetate (Vit. E), Maltodextrin. **Contains <2% of:** Beta-Carotene, Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Piccolinate, Copper Sulfate, Crospovidone, Cyanocobalamin (Vit. B₁₂), Folic Acid, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Niacinamide, Phytonadione (Vit. K), Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

Distributed by: GSK Consumer Healthcare, Warren, NJ 07059
Made in Canada

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments? Call 1-877-CENTRUM (236-8786)

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~ Non GMO applies to Centrum and Centrum Silver tablets only, learn more at centrum.com.

* B-Vitamins and lycopene help promote heart health.*
† Not a replacement for cholesterol-lowering drugs.
Zinc and B-Vitamins help support normal brain function.*
Vitamins A, C, and E, and Lutein+ support healthy eyes.*
+ This product is not intended to provide daily intake of Lutein. Take with a diet rich in fruits and vegetables.

** Based on USDA FoodData Central values for raw blueberries and raw broccoli bunch. Applies to this product only.

† Not intended to replace a healthy and balanced diet.

≈ As compared to Centrum Silver Adult.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



EASY TO SWALLOW!

gsk

Centrum
minis

ADULTS 50+

Supports heart, brain, eye
+ whole body health**



180 Tablets TAKE TWO

Multivitamin/Multimineral Supplement

Centrum
minis

**An easier way to
nourish your good health!***

**TWO mini tablets =
the same nutritional goodness as
ONE Centrum Silver tablet.**



**2 mini tablets have as much
VITAMIN C & VITAMIN A as**



**4 cups of
blueberries****



**3 bunches of
broccoli*****



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