



## MENOPAUSE SUPPORT

HALEON

**DIRECTIONS:** Adults: Take one (1) tablet daily in the evening before bedtime. Not formulated for use in children. Do not exceed suggested use.

## MENOPAUSE SUPPORT

### Made for You

Part of a line of products, specifically designed to support your needs through perimenopause and menopause.

### Trusted Science

Backed by 40+ years of nutritional science. Centrum is the most clinically studied multivitamin brand in the world.

### Expert Recommended Brand

The #1 Doctor and #1 Pharmacist recommended Multivitamin Brand.



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<sup>†</sup>A clinical study showed an improvement in quality of sleep and next day cognitive function after 30 days of daily use of DailyZz™.\*

<sup>†</sup>A clinical study showed a significant reduction of hot flashes after 12 weeks of daily use of geniVida®.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## restful sleep\*

**1** Hormone-free & melatonin-free 2-in-1 formula that helps relieve disruptive symptoms of Menopause\*

Includes **geniVida®**, clinically studied to help minimize the frequency and duration of hot flashes\* after 12 weeks of daily use

**2**

Includes **DailyZz™**, clinically studied to support quality of sleep and next day cognitive function\* after 30 days of daily use

**3**

Pair with Centrum **Multivitamin + Hot Flash Support** or Centrum **Clear Mind & Calm Mood** for a daily routine\*

**4**



ACTUAL SIZE

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## MENOPAUSE SUPPORT

for all stages of menopause

## restful sleep

Supports quality of sleep<sup>†</sup> and helps reduce hot flashes at night!<sup>†</sup>



DIETARY SUPPLEMENT

28 TABLETS

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### Supplement Facts

Serving Size 1 Tablet

|   | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Calcium   | 110 mg             | 8%            |
| DailyZz™ Herbal Blend   | 485 mg             | *             |
| Spearmint Extract ( <i>Mentha spicata</i> ) (aerial parts)    |                    |               |
| Green Tea Extract ( <i>Camellia sinensis</i> ) (aerial parts) |                    |               |
| geniVida® (genistein)   | 30 mg              | *             |

\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol. Contains <2%: Blue Lake 2, Calcium Silicate, Hydrogenated Cottonseed Oil, Magnesium Stearate, Mica-Based Pearlescent/Titanium Dioxide (color), Polyethylene Glycol, Red Lake 40, Silicon Dioxide, Stearic Acid, Talc.

Distributed by: Haleon, Warren, NJ 07059

As with any supplement, if you are pregnant or nursing, consult your healthcare provider prior to use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Consult your healthcare provider prior to use if you are taking medication, have any medical condition, or a history of breast cancer.

If taking this product along with Centrum Menopause Support Multivitamin + Hot Flash Support, take Centrum Menopause Support Restful Sleep in the evening before bedtime and Centrum Menopause Support Multivitamin + Hot Flash Support in the morning with breakfast. Do not take products together.

Store at room temperature. Keep bottle tightly closed.

Do Not Use if carton top or bottom flaps glue seal is broken.

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Questions? Comments? Call 1-800-452-0051

For most recent product information, visit [www.centrum.com](http://www.centrum.com)

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Pat. Info [www.productpats.com](http://www.productpats.com)

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DailyZz™ is a trademark of Kemin Industries, Inc.

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