GELATIN-FREE!

HALEON

Centrum

MEN
MULTIGUMMIES

Supports immunity, energy, metabolism & muscle function†*



Tropical Fruit

Non-GMO~
No Artificial Flavors or Sweeteners
No High Fructose Corn Syrup

Natural Flavors With Other Natural Flavors

100 GUMMIES
Multivitamin/Multimineral Supplement

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Centrum

Centrum Men's Multigummies are specially crafted to support men's immunity, energy, metabolism and muscle function with **11 essential nutrients.†***

No high fructose corn syrup, artificial flavors or sweeteners, or synthetic dyes

Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens

Vegetarian | Gluten-Free | May be taken with or without food | Non-GMO~ | Gelatin-Free

SUGGESTED USE: Adults: Chew two (2) gummies per day. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	*
Includes 3 g Added Sugars		6%†
Vitamin A (as retinyl palmitate)	360 mcg	40%
Vitamin C (as ascorbic acid)	45 mg	50%
Vitamin D_3 (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as dl-alpha tocopheryl acetate)	7.7 mg	51%
Vitamin B_6 (as pyridoxine hydrochloride)	4.3 mg	253%
Folate	140 mcg DFE (84 mcg Folic Acid)	35%
Vitamin B_{12} (as cyanocobalamin)	7.2 mcg	300%
Biotin	30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	1 mg	20%
Iodine (as potassium iodide)	40 mcg	27%
Zinc (as zinc citrate)	2.4 mg	22%
Sodium	10 mg	<1%

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Sugar, Tapioca Syrup, Water. Contains <2%: Annatto Seed Extract (color), Citric Acid, Fruit and Vegetable Juice Concentrates (Maqui Berry, Purple/Black Carrot) (color), Natural Flavors, Organic Turmeric Rhizome Extract (color), Pectin, Sodium Citrate.

Distributed by: Haleon, Warren, NJ 07059

As with any supplement, if you are taking medication, consult your doctor before use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep this product out of reach of children.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments? Call 1-800-452-0051

For most recent product information, visit www.centrum.com

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† Vitamins C and E support normal immune function.*
B-Vitamins support daily energy needs.*
B-Vitamins aid in the metabolism of fats, carbohydrates and proteins.*
Vitamins D and B_6 help support muscle function.*

~Read more about our Non-GMO standard on centrum.com

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