

Centrum
AGEDEFY
 HIGH POTENCY MULTIVITAMIN
 +
 HEALTHY AGING
 SUPPLEMENT

NEW

HALEON

16
 HEALTHY AGING
 BENEFITS

Centrum
AGEDEFY
 HIGH POTENCY MULTIVITAMIN
 +
 HEALTHY AGING
 SUPPLEMENT

2X MORE ANTIOXIDANTS*

WOMEN 35+

DIETARY SUPPLEMENT 60
 TABLETS

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FOR WOMEN 35+
 TO HELP YOU STAY
 HEALTHY AS YOU AGE

FORMULATED
 TO SUPPORT
16
 BENEFITS†*

- heart health[†] • immune health
- brain health • muscle function
- healthy stress response • metabolism
- sleep health • energy • skin health
- eye health • bone health
- hair health • collagen formation
- vascular health
- cellular health
- nail health

† Vitamins B₆, B₁₂, and folate support heart health. Vitamins D, C, and E support immune health. B-vitamins and zinc support brain health. Vitamins B₆ and D, and magnesium support muscle function. B-vitamins and magnesium support a healthy stress response. B-vitamins support energy and metabolism. Magnesium plays a role in sleep health. Biotin, Vitamin A and Zinc support skin health. Lutein[‡], vitamins A, C, and E, and zinc support eye health. Vitamins D and K, and calcium support bone health. Biotin and zinc support hair health. Vitamin C supports collagen formation. Resveratrol supports vascular health. Manganese, selenium, zinc, and vitamins C and E support cellular health. Biotin and zinc support nail health.*

*Not a replacement for cholesterol-lowering drugs.

‡ This product is not intended to provide daily intake of lutein. Take with a diet rich in fruits and vegetables.

^ Based on comparison of total milligrams of antioxidant vitamins (A, C, and E) in Centrum Adults Tablets.

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ALL-IN-ONE
 HIGH-POTENCY MULTIVITAMIN
 +
 HEALTHY AGING SUPPLEMENT

- ✓ **High Potency Multivitamin** complete with 23 essential vitamins and minerals
- ♥ **Resveratrol**, a healthy aging ingredient shown to support vascular health*
- 2x **2X More Antioxidants** to support healthy aging**
- ⊕ **Niacin** to help support normal NAD+ levels* as part of a healthy diet

Get ahead of aging with Centrum
 THE #1 DR RECOMMENDED
 MULTIVITAMIN BRAND



Actual Size
 Easy to swallow
 tablet

Do not use if printed sleeve is broken or missing. Store at room temperature. Keep bottle tightly closed. Protect from moisture. Questions? Comments? Call 1-800-452-0051

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SUGGESTED USE: Adults: Take two (2) tablets daily with food. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Tablets
 Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as vitamin A acetate and 50% as beta-carotene)	1,350 mcg	150%
Vitamin C (as ascorbic acid)	135 mg	150%
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg	150%
Vitamin K (as phytoladione)	60 mcg	50%
Thiamin (as thiamine mononitrate) (Vit. B ₁)	1.5 mg	125%
Riboflavin (Vit. B ₂)	1.7 mg	131%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	294%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,042%
Biotin	60 mcg	200%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%
Calcium (as calcium carbonate)	300 mg	23%
Iron (as ferrous fumarate)	6.6 mg	37%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc oxide)	16.5 mg	150%
Selenium (as sodium selenate)	55 mcg	100%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	2.3 mg	100%
Chromium (as chromium chloride)	50 mcg	143%
Molybdenum (as sodium molybdate)	45 mcg	100%
Lutein (from Marigold flower)	250 mcg	*
Lycopene	300 mcg	*
Trans-resveratrol (from <i>Polygonum cuspidatum</i> root)	75 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Croscarmellose Sodium. Contains <2% Carmine (color), Magnesium Stearate, Mica-Based Pearlescent/Titanium Dioxide (color), Polyethylene Glycol, Polysorbate 80, Polyvinyl Alcohol, Silicon Dioxide, Spirulina Extract (color), Stearic Acid, Talc, Titanium Dioxide.

Distributed by: Haleon, Warren, NJ 07059
 If you are pregnant, nursing, taking medications or supplements, and/or have medical conditions, talk to your healthcare provider before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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