

Centrum

AGEDEFY
HIGH POTENCY MULTIVITAMIN

+
HEALTHY AGING
SUPPLEMENT

NEW

HALEON

16
HEALTHY AGING
BENEFITS

Centrum

AGEDEFY
HIGH POTENCY MULTIVITAMIN

+
HEALTHY AGING
SUPPLEMENT

2X MORE ANTIOXIDANTS*

MEN 35+

DIETARY SUPPLEMENT 60 TABLETS

FOR MEN 35+
TO HELP YOU STAY
HEALTHY AS YOU AGE

FORMULATED
TO SUPPORT
16
BENEFITS**

- immune health • vascular health
- energy • brain health • heart health*
- eye health • metabolism • bone health
- healthy stress response
- muscle function • skin health
- cellular health • sleep health
- collagen formation
- hair health
- whole body health

† Vitamins D, C, and E support immune health. Resveratrol supports vascular health. B-vitamins support energy and metabolism. B-vitamins and zinc support brain health. Vitamins B₆, B₁₂, and folate support heart health. Lutein†, vitamins A, C, and E, and zinc support eye health. Vitamins D and K, and calcium support bone health. B-vitamins and magnesium support a healthy stress response. Vitamins B₆ and D, and magnesium support muscle function. Biotin, Vitamin A and Zinc support skin health. Manganese, selenium, zinc, and vitamins C and E support cellular health. Magnesium plays a role in sleep health. Vitamin C supports collagen formation. Biotin and zinc support hair health. A combination of 23 nutrients help support whole body health.*

*Not a replacement for cholesterol-lowering drugs.

† This product is not intended to provide daily intake of lutein. Take with a diet rich in fruits and vegetables.

^Based on comparison of total milligrams of antioxidant vitamins (A, C, and E) in Centrum Adults Tablets.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ALL-IN-ONE
HIGH-POTENCY MULTIVITAMIN
+
HEALTHY AGING SUPPLEMENT



High Potency Multivitamin
complete with 23 essential
vitamins and minerals



Resveratrol, a healthy aging
ingredient shown to support
vascular health*



2X More Antioxidants
to support healthy aging**



Niacin to help support normal
NAD+ levels* as part of a
healthy diet

Get ahead of aging with Centrum
**THE #1 DR RECOMMENDED
MULTIVITAMIN BRAND**



Actual Size
Easy to swallow
tablet

Do not use if printed sleeve is broken or missing.
Store at room temperature. Keep bottle tightly closed.
Protect from moisture.

Questions? Comments?
Call 1-800-452-0051

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visit www.centrum.com
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SUGGESTED USE: Adults: Take two (2) tablets daily with food.
Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

| | Amount Per Serving | % Daily Value |
|---|----------------------------------|---------------|
| Vitamin A (as Vitamin A acetate and 50% as beta-carotene) | 1,350 mcg | 150% |
| Vitamin C (as ascorbic acid) | 135 mg | 150% |
| Vitamin D ₃ (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin E (as dl-alpha tocopheryl acetate) | 22.5 mg | 150% |
| Vitamin K (as phytonadione) | 120 mcg | 100% |
| Thiamin (as thiamine mononitrate) (Vit. B ₁) | 1.5 mg | 125% |
| Riboflavin (Vit. B ₂) | 1.7 mg | 131% |
| Niacin (as niacinamide) | 20 mg | 125% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 3 mg | 176% |
| Folate | 667 mcg DFE (400 mcg Folic Acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 25 mcg | 1,042% |
| Biotin | 30 mcg | 100% |
| Pantothenic Acid (as calcium pantothenate) | 10 mg | 200% |
| Calcium (as calcium carbonate) | 220 mg | 17% |
| Iron (as ferrous fumarate) | 4 mg | 22% |
| Iodine (as potassium iodide) | 150 mcg | 100% |
| Magnesium (as magnesium oxide) | 120 mg | 29% |
| Zinc (as zinc oxide) | 16.5 mg | 150% |
| Selenium (as sodium selenate) | 83 mcg | 151% |
| Copper (as copper sulfate) | 0.9 mg | 100% |
| Manganese (as manganese sulfate) | 2.3 mg | 100% |
| Chromium (as chromium chloride) | 50 mcg | 143% |
| Molybdenum (as sodium molybdate) | 45 mcg | 100% |
| Lutein (from Marigold flower) | 250 mcg | * |
| Lycopene | 300 mcg | * |
| Trans-resveratrol (from <i>Polygonum cuspidatum</i> root) | 75 mg | * |

*Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Croscarmellose Sodium. Contains <2%: Iron Oxide (color), Magnesium Stearate, Mica-Based Pearlescent/Titanium Dioxide (color), Polyethylene Glycol, Polysorbate 80, Polyvinyl Alcohol, Silicon Dioxide, Spirulina Extract (color), Stearic Acid, Talc, Titanium Dioxide.

Distributed by: Haleon, Warren, NJ 07059

If you are taking medications or supplements, and/or have medical conditions, talk to your healthcare provider before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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