

## FRONT

165mm

210mm

PHARMA CODE REF. IS:  
1 5 9 0



**Fast effective relief of headache, pain and fever**

**INDICATIONS**  
Panadol is indicated as an effective analgesic and antipyretic for the fast relief of fever and painful conditions such as headache, migraine, backache, joint and muscle pain, period pain (dysmenorrhea), toothache (pain following dental procedure/tooth extraction), pain after vaccination, and sore throat.

**DESCRIPTION**  
Each caplet contains 500mg of Paracetamol.  
Excipients: Povidone, Pregelatinized Starch, Calcium Carbonate, Alginate Acid, Croscopolidone, Magnesium Stearate, Colloidal Anhydrous Silica, Sodium Methyl Parahydroxybenzoate (E219), Sodium Ethyl Parahydroxybenzoate (E215), Sodium Propyl Parahydroxybenzoate (E217), Opadry White, Carnauba Wax and Purified water.  
Opadry White contains : Macrogol, Hypromellose, Polysorbate and Titanium Dioxide (E171).  
The caplet is white to off-white film-coated capsule-shaped tablet and is debossed with a circled "P" on one side and breakline on the other side.

**DOSAGE**  
For oral administration only. Do not exceed the stated dose. Use the smallest dose that you need to treat your symptoms and use the medicine for the shortest period of time necessary. Do not take more frequently than every 4 hours. Do not take more than 8 caplets per day. Do not break the caplet when taking the medicine.  
Adults and children over 12 years: 1-2 caplets taken every 4 to 6 hours as required.  
Not recommended for children under 12 years.

**剂量和用药:**  
只限于口服。用药不可超过所注明剂量。只服用您需用以治理症状的最低剂量，用药期也限于最短必要时间内。每4小时服用一次，不可更频繁服用。一天内不可服用超过8粒。  
成人与12岁以上儿童：根据需要每4到6个小时内服用1到2粒。  
12岁以下孩童不宜服用。

**ADVERSE REACTIONS**  
**Stop taking this medicine and tell your doctor immediately if:**

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
- You experience mouth ulcers.
- You have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- You experience nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.
- You experience unexplained bruising or bleeding.

These reactions are rare.

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**PREGNANCY AND LACTATION**  
Talk to your health care professional before taking paracetamol if you are pregnant. Consider taking the lowest effective dose for the shortest period of time. You can take this product whilst breastfeeding.

**DRUG INTERACTIONS**  
Before taking this medicine, make sure you consult your doctor if you are taking warfarin or similar medicines used to thin the blood.

**CONTRAINDICATIONS**  
Do not use if you are allergic to Paracetamol or any of the other ingredients in the product.

**WARNINGS AND PRECAUTIONS**  
Contains paracetamol.  
Do not take more than the recommended dose as it may cause serious harm to your liver.  
Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep.  
Always read and follow the label.  
Check with your doctor before use if:  
• You have liver or kidney problems.  
• You are underweight or malnourished.  
• You regularly drink alcohol.  
You may need to avoid using this product altogether or limit the amount of paracetamol that you take.  
• You have a severe infection, are severely malnourished, severely underweight, or are a chronic heavy alcohol user as this may increase the risk of metabolic acidosis.  
• Signs of metabolic acidosis include:  
- Deep rapid, difficult breathing  
- Feeling sick (nausea), being sick (vomiting)  
- Loss of appetite  
Contact a doctor immediately if you get a combination of these symptoms.  
E219, E215 and E217 may cause allergic reactions (possibly delayed). If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.  
Please see your doctor if your symptoms do not improve. Keep out of sight and reach of children.

**OVERDOSE**  
If you take more of the medicine than you should, seek medical advice from a doctor immediately even if you do not have any symptoms because of the risk of liver failure.

**FORMS AVAILABLE**  
Caplet – 20's and 120's.

**STORAGE CONDITION**  
Store below 30°C.

**EXPIRY**  
Do not use beyond expiry date.  
For further information, please refer to your doctor or pharmacist.  
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