



WHAT IS PANADOL ACTIFAST USED FOR ?

Panadol ActiFast is used for fast pain relief of headache, including migraine and tension headaches, toothache, neuralgia, backache, rheumatic and muscle pains and period pains.

Panadol ActiFast also relieves sore throat and fever.

WHAT DOES PANADOL ACTIFAST DO ?

Panadol ActiFast caplets contain Paracetamol which relieves pain and fever. The caplets have been specially formulated so that the Paracetamol is absorbed into the bloodstream at least twice as fast as from ordinary Paracetamol tablets, therefore giving you faster pain relief.

WHAT DOES PANADOL ACTIFAST CONTAIN ?

Each Panadol ActiFast caplet contains 500mg of Paracetamol. The caplet also contains Sodium bicarbonate, Soluble starch, Povidone, Maize starch, Microcrystalline cellulose, Magnesium stearate, Carnauba wax, Sodium starch glycolate, Colloidal anhydrous silica, Titanium dioxide (E 171), Polydextrose, Hypromellose, Glycerol triacetate and Polyethylene glycol.

The caplets are capsule shaped and are marked with "P" on one face and "-" on the other face.

DOSAGE & ADMINISTRATION

For oral use only.

Do not exceed the stated dose. Use the smallest dose that you need to treat your symptoms and use the medicine for the shortest period of time necessary.

Do not take more frequently than every 4 hours.

Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu.

Not recommended for children under the age of 12 years.

Adults (including the elderly) and children over 12 years: 1-2 caplets to be taken every 4 to 6 hours as required.

Do not take more than 8 caplets per day.

PANADOL ACTIFAST SHOULD NOT BE TAKEN

If you are allergic to Paracetamol or any of the other ingredients in the product.

WARNINGS AND PRECAUTIONS

Taking too much paracetamol can cause serious harm to your liver. Always read and follow the label.

Check with your doctor before use if:

You have liver or kidney problems. You are underweight or malnourished. You regularly drink alcohol.

You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

You have a severe infection, are severely malnourished, severely underweight, or are a chronic heavy alcohol user as this may increase the risk of metabolic acidosis.

Signs of metabolic acidosis include:

- deep, rapid, difficult breathing
- feeling sick (nausea), being sick (vomiting)
- loss of appetite

You are taking metoclopramide or domperidone - Used to treat nausea and vomiting.

You are taking cholestyramine - used to treat cholesterol.

Contact a doctor immediately if you get a combination of these symptoms. If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction. Please see your doctor if your symptoms do not improve. Keep out of sight and reach of children.

Important information about some of the ingredients in your product:

Contains 176mg sodium per caplet. Consult your doctor before taking this medicine if you are on a medically recommended low sodium diet.

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BACK

PREGNANCY

Talk to your health care professional before taking paracetamol if you are pregnant. Consider taking the lowest effective dose for the shortest period of time. You can take this product whilst breastfeeding.

DRUG INTERACTIONS

Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similar medicines used to thin the blood.

SIDE EFFECTS

Stop taking this medicine and tell your doctor immediately if:

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters, and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
- You have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- You experience unexplained bruising or bleeding.
- You experience nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.
- You experience mouth ulcers.

These reactions are rare.

OVERDOSE

If you take more of the medicine than you should:

Seek medical advice immediately even if you do not have any symptoms because of the risk of liver failure. High doses of Sodium bicarbonate may induce gastrointestinal symptoms (eg. belching and nausea).

STORAGE CONDITIONS

Store at room temperature (below 30°C).

Use only if blister or foil over caplet is intact.

Do not use this medicine beyond the expiry date shown on the pack.

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