PHARMA CODE REF. IS: 846

Centrum

ADVANCE 50+

ADULTS

Supports immunity, heart health, eye health + cognition

72 x 72 x 141

NN 846

HALEON

Contains multiple vitamins to help fill nutritional gaps.

With key antioxidants such as vitamins C & E, betacarotene, selenium and zinc to support healthy immune system function.

With vitamin B6 and folic acid to help maintain a healthy heart.

With zinc and riboflavin to support healthy eyes.

With B5, iron and zinc to support cognition. Supports memory in adults aged 65+.

WARNING: This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Talk to your health professional before use if you are pregnant or breastfeeding. Not for the treatment of iron deficiency conditions. Vitamin and mineral supplements should not replace a balanced diet. If taking other supplements, read the label since supplements may contain the same ingredients.
Keep out of reach of children. In case of accidental overdose, contact your doctor or Poisons Information Centre immediately (Australia: 13 11 26, New Zealand: 0800 764 766).
CONTAINS: Sulfites, colourings and tabletting aids.
DIRECTIONS FOR USE:
Dosage: Adults 18+: Take one tablet daily with water.
Do not exceed recommended daily dose.
Store below 25°C

DO NOT USE IF SEAL UNDER CAP IS TORN OR MISSING

Cyan – Magenta – Yellow – Black
P 355 C – P 877 C

Centrum

ADVANCE 50+

ADULTS

Supports immunity, heart health, eye health + cognition

150 Film Coated Tablets

MULTIVITAMIN & MINERALS DIETARY SUPPLEMENT

AUST L 402931

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ADVANCE 50+

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MULTIVITAMIN & MINERALS DIETARY SUPPLEMENT

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150 Film Coated Tablets

Each tablet contains:	
Betacarotene	1.8 mg
Colecalciferol (vitamin D3)	15 micrograms
Phytomenadione (vitamin K1)	25 micrograms
Calcium pantothenate (vitamin B5)	10.87 mg
Thiamine nitrate (vitamin B1)	2.18 mg
Nicotinamide	15 mg
Riboflavin (vitamin B2)	3.2 mg
Pyridoxine hydrochloride (vitamin B6)	8 mg
Cyanocobalamin (vitamin B12)	25 micrograms
Biotin (vitamin H)	45 micrograms
Folic acid	300 micrograms
dl-alpha-tocopheryl acetate (vitamin E)	75 mg
Ascorbic acid (vitamin C)	90 mg
Calcium (135.3 mg as calcium carbonate and 64.7 mg as calcium hydrogen phosphate)	200 mg
Magnesium (as magnesium oxide)	50 mg
Iron (as ferrous fumarate)	4 mg
Zinc (as zinc oxide)	7.5 mg
Manganese (as manganese sulfate monohydrate)	3.5 mg
Chromium (as chromic chloride hexahydrate)	100 micrograms
Selenium (as sodium selenate)	55 micrograms
Copper (as cupric sulfate)	500 micrograms
Iodine (as potassium iodide)	150 micrograms
Potassium (as potassium sulfate)	80 mg

Haleon
Sydney, NSW, Australia & Auckland, New Zealand
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AU: 1800 028 533
NZ: 0800 540 144
www.centrum.net.au
www.centrum.co.nz

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