

# Pirinase

## Allergy 0.05% nasal spray

### Fluticasone Propionate

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your pharmacist has told you. This medicine is available without prescription, but you still need to use Pirinase Allergy 0.05% Nasal Spray carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information of advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

#### In this leaflet:

1. What Pirinase Allergy is and what it is used for
2. What you need to know before you use Pirinase Allergy
3. How to use Pirinase Allergy
4. Possible side effects
5. How to store Pirinase Allergy
6. Contents of the pack and other information

**1. What Pirinase Allergy is and what it is used for**  
Pirinase Allergy is used to treat and prevent the allergic symptoms of hayfever and other airborne allergies e.g. pet, house dust mite and mould spore allergies. It relieves symptoms including sneezing, itchy and watery eyes and a runny, itchy or blocked-up nose, for up to 24 hours.

The active ingredient is fluticasone propionate, a corticosteroid which, when used every day, has an anti-inflammatory action and works in a similar way to natural body chemicals to control inflammation. This spray helps to control your body's reactions to allergens ('triggers') in the environment.

## 2. What you need to know before you use Pirinase Allergy



### Do not use Pirinase Allergy:

- if you have ever had an allergic reaction to fluticasone propionate or to any of the other ingredients (listed in Section 6).
- if you are under 18 years.



### Take special care with Pirinase Allergy

- Talk to your doctor or pharmacist before using Pirinase Allergy if you have an infection in your nose or sinuses, if you have a high temperature or you have recently had surgery, an injury or ulcers in your nose.
- If your symptoms do not improve, or are not well controlled, after 7 days, talk to your doctor or pharmacist.
- Contact your doctor if you experience blurred vision or other visual disturbances, which could be caused by conditions such as cataract or glaucoma.



### If you are taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription; particularly corticosteroid medicines (including eczema creams, asthma inhalers, tablets, injections, nasal sprays, and eye or nose drops); ritonavir or cobicistat (anti-HIV medicines) or ketoconazole (for fungal infections).

Some medicines may increase the effects of Pirinase Allergy and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV: ritonavir, cobicistat).



### Pregnancy and breast feeding

Talk to your doctor before using Pirinase Allergy if you are pregnant, trying to become pregnant or are breast feeding.



### Important information about some of the other ingredients

Pirinase Allergy contains benzalkonium chloride which may cause nasal irritation or swelling inside the nose, especially if used for a long time.

## 3. How to use Pirinase Allergy

Always shake well before use. Only use in the nose. Do not swallow.

Pirinase Allergy quickly starts to reduce inflammation and swelling in your nose, although it may take 3 or 4 days to build up to its maximum protective effect. To

prevent the onset of symptoms, start to use Pirinase Allergy before exposure to one of your usual 'triggers'. You should try to use the spray in the morning.



Adults aged 18 years and over:  
Spray two puffs into each nostril once daily.

Once your symptoms have improved, you may be able to reduce the dose to one puff into each nostril once daily.

If your symptoms are especially bad, you may need to spray two puffs into each nostril twice daily until your symptoms improve.



- Do not use more than 4 sprays in each nostril in a day.
- Use the lowest dose possible to control your symptoms.
- If your symptoms do not improve, or are not well controlled, after 7 days, talk to your doctor or pharmacist.
- Do not use for more than 3 months continuously without consulting your doctor.
- Do not use more than the recommended dose.

### If you use too many sprays

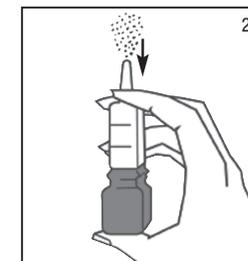
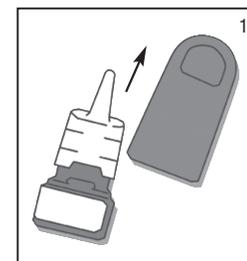
Tell your doctor.

### If you forget to use the spray

Take your next dose at the usual time. Never take two doses together.

### Before using a new bottle of Pirinase Allergy:

- Your Pirinase Allergy spray has a dust cap which protects the nozzle and keeps it clean. Remember to take it off before you use the spray (Picture 1).
- Before you start to use a new bottle of Pirinase Allergy, or if you have not used the spray for a few days, press the pump down several times until you get a fine spray.
- Hold the bottle as shown with your forefinger and middle finger on the collar either side of the nozzle and your thumb underneath the bottle.
- Keeping your thumb still, press down with your fingers to pump the spray (Picture 2).
- When doing this make sure you do not point the nozzle at yourself or someone else.
- If the spray still doesn't work, try to clean it as described under the 'To clean the spray' section. Do not try to unblock or enlarge the tiny spray hole with a pin or other sharp objects because this will destroy the spray mechanism.



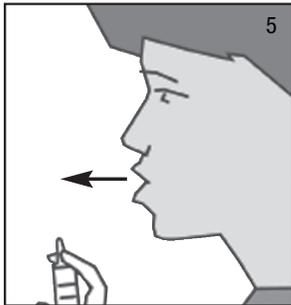
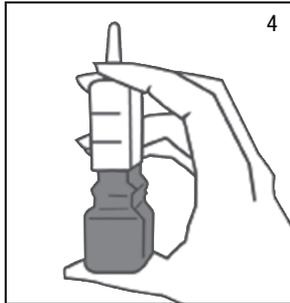
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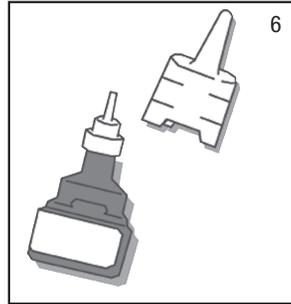
## Using Pirinase Allergy:

1. Shake the bottle well and remove the dust cap.
2. Blow your nose gently.
3. Close one nostril as shown and put the nozzle in the other nostril. Tilt your head forward slightly and keep the bottle upright. Hold the bottle as shown (Picture 3).
4. Start to breathe in slowly through your nose. While you are breathing in, squirt a spray of fine mist into your nostril by pressing down firmly on the collar with your fingers (Picture 4).
5. Breathe out through your mouth. Repeat step 4 to take a second spray in the same nostril.
6. Remove the nozzle from this nostril and breathe out through your mouth (Picture 5).
7. Repeat steps 3 to 6 for the other nostril.
8. After using the spray, wipe the nozzle carefully with a clean tissue or handkerchief and replace the dust cap.



## To clean the spray:

1. Take the dust cap and nozzle off (Picture 6).
2. Soak the nozzle and dust cap in warm water for a few minutes and then rinse under a running tap.
3. Shake off the excess water and allow to dry in a warm place – not too hot!
4. Re-fit the nozzle.
5. If necessary, press the pump down several times until you get a fine spray.



## 4. Possible side effects

Like all medicines, Pirinase Allergy can have side effects, but not everybody gets them.

**Very rare** (may affect up to 1 in 10,000 people)

**Stop taking** this medicine and **seek immediate medical help** if you experience:

- Allergic reactions. These may include developing a rash, swelling of the mouth or face or having difficulty breathing.

**Stop taking** this medicine and **tell your doctor** if you experience:

- Eye problems such as pain.
- Nasal problems such as pain and/or persistent bleeding.

**Unknown** (frequency cannot be estimated from the available data)

- Eye problems such as blurred vision.
- Sores in the nose.

**Common** (may affect up to 1 in 10 people)

- Headache.
- Unpleasant taste or smell.
- Dryness or irritation in the nose or throat.

**Very common** (may affect more than 1 in 10 people)

- Nose bleeds.

Other side effects which have been reported are:

- Sneezing after using the spray but this soon stops.

It is important to follow the dose instructions shown in Section 3. Using Pirinase Allergy at higher doses or for longer than 3 months at a time can cause a number of changes in your body such as catching infections more easily.

**If you get any side effects**, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## 5. How to store Pirinase Allergy

**Keep out of the sight and reach of children.**

Do not use this medicine after the 'EXP' date shown on the pack.

**Use within three months of first use.**

Do not store above 30°C.

## 6. Contents of the pack and other information

**Active ingredient** Each spray contains

Fluticasone Propionate 50 micrograms.

**Other ingredients** Dextrose (anhydrous), microcrystalline cellulose, carboxymethylcellulose sodium, phenylethyl alcohol, benzalkonium chloride, polysorbate 80, purified water and dilute hydrochloric acid.

The bottle contains 60 or 120 sprays.

**The marketing authorisation holder** is Haleon UK Trading Limited, The Heights, Weybridge, KT13 0NY, U.K. and all enquiries should be sent to this address.

**The manufacturer** is Glaxo Wellcome SA, 09400 Aranda de Duero, Burgos, Spain.

This leaflet was last revised in February 2023.

This information in this leaflet only applies to Pirinase Allergy 0.05% Nasal Spray.

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