#### HALEON

# **Otrivine** Natural

## Decongestant Nasal Spray

With Natural Sea Water.

#### Please read this leaflet carefully before using Otrivine Natural Decongestant Nasal Spray. If you have any questions, ask your doctor or pharmacist.

During a cold the inflammatory process results in the swelling of the nasal mucosa, blocked nose and increased mucus production. The hypertonic\* sea water creates a pressure difference between the solution and the mucous membrane (osmotic effect), helping to reduce the swelling of the nasal passages. The product also softens and loosens the excess mucus by the osmotic action of the hypertonic

solution helping to remove mucus and mucustrapped bacteria and viruses from the nose by drainage effect.

\* Hypertonic sea water solutions differ from isotonic sea water solutions as the sea salt concentration is set at 2.2% to effectively relieve nasal congestion. This concentration also ensures that the solution is gentle enough to be compatible with the nasal mucosa.

#### 1. WHAT OTRIVINE NATURAL DECONGESTANT NASAL SPRAY IS AND WHAT IT IS USED FOR

Otrivine Natural Decongestant Nasal Spray is a nasal spray containing natural hypertonic sea water with Eucalyptus globulus aroma. The undiluted solution also retains the richness of all the important minerals and microelements contained in sea water. Otrivine Natural Decongestant Nasal Spray decongests the nose during cold, rhinopharyngitis/ nasopharyngitis and blocked nose. It relieves nasal symptoms and improves quality of life.

Otrivine Natural Decongestant Nasal Spray is a natural nasal decongestant which:

- Provides effective, natural relief from nasal congestion (blocked or stuffy nose) due to colds and rhinosinusitis by reducing nasal swelling
- Purifies nasal passages by drainage effect
- Helps to remove mucus-trapped bacteria and viruses with a natural mechanical action by drainage effect
- Provides a pleasant sensation of relief and freshness, has a non-drying effect, moisturising the nasal mucosa.

Otrivine Natural Decongestant Nasal Spray is suitable for children over 6 years of age and adults.

#### 2. BEFORE YOU USE OTRIVINE NATURAL DECONGESTANT NASAL SPRAY

Caution, before use read the instructions.

Do not use the product in cases of allergy to any of the ingredients.

Do not use the product in cases of asthma.

Do not use the product in a child below 6 years of age.

Do not use the product during pregnancy or while breast-feeding.

In case of contact with eyes: rinse carefully with water for several minutes.

The following side effects have been described:

- Rare cases of transitory nasal reaction (may affect up to 1 in 100,000 people)
- Exceptional cases of epistaxis, nausea, headache (may affect up to 1 in 1,000,000 people).

If a symptom /side effect occurs, discontinue use. Consult your doctor if the effect persists. Serious incidents must be reported to Laboratoire de la Mer and the local competent authority.

#### 3. HOW TO USE OTRIVINE NATURAL DECONGESTANT NASAL SPRAY

For children over 6 years of age and adults: 2 sprays in each nostril up to 6 times a day. Adult supervision is recommended for use in children.

#### Directions for Use:

- 1. Blow the nose.
- 2. Remove the protective cap.
- 3. Before the first use, press the actuator firmly a few times until the solution sprays out.

- With your head upright, spray into each nostril, slightly breathe in through the nose.
- 5. Allow the solution to act for a couple of minutes before blowing your nose.
- 6. After each use, clean the spray nozzle and put the protective cap on.
- 7. Store in a dry place and in the original package.

Use one device per person in order to avoid spreading infection.

Otrivine Natural Decongestant Nasal Spray is available in a 20 mL metered dose spray.

Maximum treatment duration is estimated to 10 days. If nasal symptoms prevail, consult a healthcare professional.

Can be used alone or in combination with medicated treatments (e.g. local decongestants, corticosteroid, antihistamines). Please consult your healthcare professional.

#### 4. FOR YOUR SAFETY

 $\bigcirc$  Do not use a broken or damaged product.

Do not use if the device has lost its original appearance.

Do not use the product after the expiry date shown on the packaging.

Do not use the product after 6 months after first opening.

Keep the product out of the reach and sight of children.

#### 5. HOW TO STORE OTRIVINE NATURAL DECONGESTANT NASAL SPRAY



Store below 25 °C.

Use at room temperature.

### 6. FURTHER INFORMATION

97% Maris aqua, Sorbitol, Aroma (Mint -Eucalyptus globulus essential oil), Myristamidopropyl PG-Dimonium Chloride Phosphate & Aqua, Polyepsilon-Lysine & Aqua.

Delivers hypertonic undiluted seawater with eucalyptus-mint aroma via a metered-pump nasal spray.

Without chemical/artificial preservative. Propellant gas-free.

## Otrivine Natural Decongestant Nasal Spray is available in a 20 mL metered dose spray.



Legal manufacturer of the product. Laboratoire de la Mer, Avenue du Général Patton, ZAC de la Madeleine, 35400 Saint-Malo, France.

#### Distributor:

Haleon UK Trading Limited, Weybridge, KT13 ONY, U.K.

or

Haleon Ireland Limited, 12 Riverwalk, CityWest Business Campus, Dublin 24, Ireland.

**C E**<sub>0459</sub> European conformity and identification of the notified body.

> PAP Recyclable paper.

LOT

Identification lot number of the product.

Unique device identifer.

20 mL e Estimated quantity.



Discard the product in the bin.



Recyclable paperboard.

Expiration date of the product.

Medical Device

Trade Marks are owned by or licensed to the Haleon group of companies.

Instructions for use revision date : 2024-04 V03