

Otrivine

Natural Daily Nasal Wash

Nasal spray
 Natural, isotonic sea water solution with clearing and soothing properties
 Gentle spray with Aloe Vera

! Please read this leaflet carefully before using Otrivine Natural Daily Nasal Wash. If you have any questions, ask your doctor or pharmacist.

The nose plays a crucial role in warming and humidifying inhaled air and in filtering air from small particles, providing protection of the lower respiratory airways from dust, irritation and dryness. Thus, it is important to keep the nasal cavities clean and moisturised to allow the nose to properly fulfil all its functions.

1. What is Otrivine Natural Daily Nasal Wash and what is it used for?

Otrivine Natural Daily Nasal Wash is a preservative-free, 100% natural isotonic sea water solution. This product also contains natural powder of Aloe Vera plant, which is known to have soothing and moisturising properties.

Otrivine Natural Daily Nasal Wash is recommended to wash the nasal cavities and naturally relieve nasal symptoms during cold and flu, allergic rhinitis, exposure to pollution particles or low humidity environment.

Otrivine Natural Daily Nasal Wash is suitable for daily nasal cleansing.

Otrivine Natural Daily Nasal Wash relieves nasal symptoms including:

- Blocked nose during cold and flu by cleansing the nasal cavities and by washing away excess mucus. It thins and loosens nasal secretions and helps their removal.
- Dry nose or minor nasal irritations by moisturising the nasal mucosa. It soothes irritated nasal passages.
- Itching, nasal secretions, and sneezing during allergic rhinitis.

2. Why choose Otrivine Natural Daily Nasal Wash?

Young children: Specially adapted for young children over 2 years of age. The shape of the nozzle is adapted to a child's nose (until 6 years old). The mild pressure of the spray allows a gentle and careful washing of obstructed and runny nose. This spray can also be used to moisturise nasal passages. This spray is also suitable for **older children and adults.**

3. Before using Otrivine Natural Daily Nasal Wash

! *Caution:* Before use carefully read the following Instructions for Use.

Do not use the product if you are allergic to any of the ingredients (see ingredients list).

For children below 11 years Otrivine Natural Daily Nasal Wash should be used under adult supervision. In elderly people or disabled people, the use of the device may require help from an adult.

⊘ Do not use a broken or damaged product.
 Do not microwave.

You should consult a doctor before using Otrivine Natural Daily Nasal Wash following a nasal operation or injury. Due to its cleansing properties, Otrivine Natural Daily Nasal Wash should be used first when using another local nasal product (e.g. for cold or allergic rhinitis). Otrivine Natural Daily Nasal Wash may be used during pregnancy and breast-feeding, ask your doctor or pharmacist before using it.

4. How to use Otrivine Natural Daily Nasal Wash

The usual frequency of use is **1 to 2 times a day per nostril**. If necessary, the product can be used as often as needed.

Otrivine Natural Daily Nasal Wash is suitable for children over 2 years of age and adults.

Under normal conditions of use, as indicated, Otrivine Natural Daily Nasal Wash is well tolerated.

For hygienic reasons and to avoid contamination, the nasal spray should only be used by one person. Optimal temperature of use is at room temperature (usually from 17°C to 30°C)

1. Blow the nose if necessary.
2. Before and after using Otrivine Natural Daily Nasal Wash, wash your hands carefully.
3. Remove the protective cap of the spray.
4. If the spray has not been used for a long time, prime the spray once into the air before use.
 In case the spray nozzle is blocked, clean it under hot running water and dry it properly with a clean tissue.
5. *For children who cannot use the product on their own:
 Lay the child on their back with their head tilted to one side, so the liquid can drain off more easily (**Fig. 1**).
 *For children and adults who can use the product on their own:
 Lean your head forward over a basin, tilted to one side, so that it is as horizontal as possible (**Fig. 2**).
6. Insert the nozzle in the upper nostril and spray briefly (2 to 3 seconds).
7. Then, tilt the head to the other side and repeat in the other nostril.
8. Allow the product to act for a few seconds. Do not blow the nose during this time but wipe it if necessary.
9. Then, blow the nose if needed.
10. After each use, clean the nozzle and the actuator under hot running water, dry it properly with a clean tissue and put the protective cap back on. Do not use chemical materials or dishwashing liquid or disinfectant. Do not microwave.

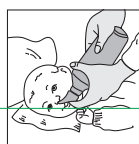


Fig. 1



Fig. 2

Directions



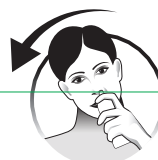
1. Clean your nose



2. Lean head forward over a sink




3. Gently place tip, and spray



4. Repeat on opposite Nostril

5. For your safety

Warning

Content under pressure:  keep away from sunlight and do not expose to temperature over 50 °C/122 °F.
Pressurised container: May burst if heated.
Keep away from heat/sparks/open flames/hot surfaces.
No smoking.

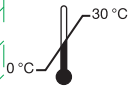
Do not pierce or burn it, even after use.

The nozzle is designed for children to fit the natural shape of the nostrils. The safety ring helps prevent deep insertion into the nose and injury in children. If you have any further questions on the use of this product, ask your doctor or pharmacist.

6. How to store Otrivine Natural Daily Nasal Wash

Keep the product out of the reach and sight of children.

Do not use the product after the expiry date shown on the packaging.
Store the spray in the original packaging box.



Store between 0 °C and 30 °C.

Do not freeze.


7. Further information

Ingredients: Aloe Vera powder, sea water and purified water.
Preservative free.

Nitrogen is added as an inert propellant gas in the pressurized device. The propellant gas is not in contact with the solution.

Otrivine Natural Daily Nasal Wash is available as a nasal spray of 100mL.

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