

# Anadin PARACETAMOL TABLETS

HALEON

**Read this leaflet carefully because it contains important information for you.**

This medicine is available without a prescription, for you to treat a mild illness without a doctor's help. Nevertheless, you still need to use your medicine carefully to get the best results. Keep this leaflet. You may need to read it again. Ask your pharmacist if you need more information or advice. You must see a doctor if your symptoms worsen or do not improve.

**If any of the side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.**

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■ **1. What your medicine is and what it is used for**

Each tablet contains: 500 mg of Paracetamol.

Paracetamol works by relieving pain and reducing high temperature and fever.

Your medicine is for effective relief from: mild to moderate pain including headache, migraine, sharp nerve pain (neuralgia), toothache, sore throat, period pains, aches and pain, symptomatic relief of rheumatic aches and pains, influenza symptoms, feverishness and feverish colds.

■ **2. Before you take your medicine**

Please read the following information. Do not give to children under 10 years. Contains paracetamol.

Do not take if you:

- are taking any other products that contain paracetamol
- are allergic to paracetamol or any of the other ingredients

**Take special care and talk to a pharmacist or your doctor before taking this medicine if you are:**

- suffering from liver or kidney disease (including alcoholic liver disease) or G-6-PD deficiency (an hereditary condition leading to low red blood cell counts).

**Taking other medicines**

Do not use this medicine if you are taking medicines that reduce the clotting of the blood (e.g. warfarin).

Talk to your doctor or a pharmacist if you are taking some antibiotics (chloramphenicol or flucloxacillin), anti-sickness treatments (metoclopramide, domperidone), some treatments for diarrhoea caused by gall bladder disease, or lipid lowering drugs (cholestyramine).

**Pregnancy and Breast-feeding:**

- If necessary, Anadin Paracetamol can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor or midwife if the pain and/or fever are not reduced or if you need to take the medicine more often.

■ **3. How to take your medicine**

For oral administration and short term use only

Dosage: Adults, the elderly and young persons aged 16 or over:

The minimum effective dose should be used for the shortest time necessary to relieve symptoms. Take one to two tablets up to 4 times a day, as required. The tablets should be taken with water. Take only as much as you need to relieve your symptoms and leave at least 4 hours between each dose.

Do not take more than 8 tablets in 24 hours.

Children aged 10 to 15:

Give one tablet every 4-6 hours as needed. The tablet should be taken with water.

Do not give more than 4 tablets in 24 hours.

Do not give for more than 3 days at a time unless your doctor tells you to.

Do not give to children under 10 years.

### 3. How to take your medicine (continued)

Do not take with any other paracetamol-containing products.

Do not exceed the stated dose.

If symptoms persist, consult your doctor.

**If you take more tablets than you should:**

Talk to a doctor at once if you take too much of this medicine, even if you feel well.

This is because too much paracetamol can cause delayed, serious liver damage.

Bring any remaining medicine with you to show the doctor.

### 4. Possible Side Effects:

Like all medicines, your medicine can cause side effects, although not everybody gets them.

You can reduce the chances of experiencing side effects by using the minimum dose required. Side effects may be more serious in elderly patients.

If you experience any of the following serious effects STOP taking this medicine immediately and contact your doctor or pharmacist:

- Severe allergic reactions: difficulty breathing, skin rash, swollen facial features or a runny nose.
- Very rare cases of serious skin reactions have been reported. Symptoms could include skin reddening, blisters or rash.

#### Other possible side effects

If any of the following side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist:

- Occasionally the blood does not clot well, which may result in easy bruising or bleeding.
- Rarely, a severe reduction in the number of white blood cells, which makes infections more likely.
- Other rare side effects like shortness of breath.

#### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

### 5. How to store your medicine

- Do not use this medicine after the expiry date shown on the end of the carton.
- Do not store above 25°C.
- Keep out of sight and reach of children

### 6. Further Information

#### What does this medicine contain?

The active substance is Paracetamol. Your medicine contains 500 mg of Paracetamol. Each tablet also contains: croscarmellose sodium, povidone, pregelatinised maize starch, stearic acid, hypromellose (E464) and macrogol.

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially "sodium free".

Your medicine is available in packs containing 12 and 16 tablets.

#### Who makes this medicine?

Your medicine is manufactured by: Haleon Italy Manufacturing S.r.l., Via Nettunense, 90 - 04011 Aprilia (LT), Italy.

The Marketing Authorisation Holder is Haleon UK Trading Limited, Weybridge, KT13 0NY, U.K.

This leaflet was last revised in March 2024.

If you have any queries or comments about your medicine or any other Haleon products, ring our customer careline or e-mail us at [mystery.gb@haleon.com](mailto:mystery.gb@haleon.com)



PL 44673/0204

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