



HALEON

## Panadol Children Suppositories

6 Months - 5 Years & 5 - 12 Years

125 mg paracetamol & 250 mg paracetamol

### **How to use it**

**If possible, ask your child to go to the toilet and empty their bowels before using the suppository.**

Suppositories work best if the bowels are emptied.

Tear the blister along the perforated line between each suppository.

You can then remove the suppository by pulling each side of the blister apart from the top.

### **Follow these steps to use a suppository:**

1. Wash your hands thoroughly with soap and water.
2. Feel the suppository while it is still in the foil.
3. If it feels soft, keep it in the foil, and chill it in the fridge or by holding it under cold water for a few minutes. Do not remove the foil wrapper while you are chilling it.
4. Put on a disposable glove, if desired. They are available from pharmacies.
5. Remove all of the foil wrapper from the suppository.
6. Moisten the suppository by dipping it briefly in cool water.
7. Lie your child on their side and raise their knee to their chest.
8. Push the suppository gently, blunt end first, into their rectum, or back passage.
9. Keep your child lying down for a few minutes so that the suppository dissolves.
10. Throw away used materials and wash your hands thoroughly.

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